

# WESTMINSTER



**Spring 2012**

April  
May  
June

**City Newsletter  
and  
Recreation Guide**



**City News  
Youth Sports  
Recreation Classes  
Family Resource Center  
Special Events  
Senior Center Programs**

**See us at: [www.westminster-ca.gov](http://www.westminster-ca.gov)**



# Breakfast with the Easter Bunny

**Saturday, April 7th**  
**9:00 - 11:00 am**  
**East/West Room**  
**\$7.00 each**

*Register early! Space is limited!*  
Please call us at 714.895.2860 for more  
information or register online at  
[www.westminster-ca.gov](http://www.westminster-ca.gov)



## City of Westminster Adult Softball

Spring/Summer League  
begins week of **May 7.**

### No Clue



### Fall 2011 Champions

Registration fee is **\$255.00** per team,  
plus **\$20.00** per game paid to  
the officials on the field.

For more information, please call the  
Sports Office (714) 548-3671.

## Swim Lessons



**Registration begins May 7th**  
For more information, please visit our website:

[www.westminster-ca.gov](http://www.westminster-ca.gov)

## 2012 Summer Aquatics

## SIGLER PARK SPLASH PAD

7200 PLAZA ST.



### HOURS OF OPERATION

WEEKENDS: MAY 26TH - SEPTEMBER 2ND

12PM - 5PM

DAILY: JUNE 18TH - SEPTEMBER 3RD

12PM - 5PM

## Table of Contents

Spring Highlights .....	3
Council Thoughts.....	4
<b>..... CLASSES .....</b>	
Special Events.....	5
Youth Sports.....	6
Summer Camps .....	7
Arts & Crafts .....	9
Dance .....	12
Music.....	15
Piano.....	15
Singing.....	17
Special Interest.....	18
Dog Obedience .....	19
Fun with Horses .....	20
Sports & Fitness .....	21
Skating.....	22
Gymnastics .....	23
Karate .....	24
Judo .....	26
Mixed Martial Arts .....	26
Tennis.....	27
Online Courses.....	28
Visual, Performing, & Cultural Arts.....	29
Senior Activities.....	30
City News & Services.....	32
Library.....	35
Registration Information .....	36
Registration Form .....	37
Community Services & Recreation Facilities Map & Legend.....	38
WFRC .....	Back Cover

## Spring Highlights

### March 5

Spring Class Registration Begins  
Summer Camp Registration Begins

### April 7

Breakfast with the Easter Bunny

### April 9 - April 13

Spring Break Club Westminster

### April 23

Watch out for Summer Brochure

### May 7

Summer Class Registration Begins

### May 28

Memorial Day-City Offices Closed



### Internet access to Westminster City Council Meetings

Check the city's website at [www.westminster-ca.gov](http://www.westminster-ca.gov) for information about viewing live and archived City Council meetings. If you have Internet access, you can follow the meeting live with a video stream on your computer. You will also have access to an archive of recent City Council meetings if you are interested in viewing a particular meeting segment along with meeting agendas and minutes.

## Class Reminders

1. Most recreation classes will begin the week of April 9.  
Please check your starting date carefully.
2. Classes may be cancelled if minimum enrollment is not met prior to class starting date. Don't miss out!

**BE SURE TO REGISTER EARLY!**

## Council Thoughts ~ Spring 2012

As the spring season again brings new growth and color to our community, Westminster's Mayor and City Council are proud of all that our residents, business people and city staff have been able to accomplish during our nation's prolonged period of belt-tightening.

We are especially proud of all the contributions being made by the young people in our community and would like to take this opportunity to highlight some of them. Several years ago, we established a Youth Committee comprised of high school students. In addition to serving on the committee these young people now assist at many city events and promote activities at their schools. The Police Explorer program continues to attract young people wanting to develop leadership skills. Their support is essential for many events such as the Tet Parade, Founder's Day Parade and the Mayor's Ball. For some, this program has led to careers in law enforcement.

The city has benefited from the increasing number of high school students who have volunteered to help at the senior center, Halloween at the Mall and other events. Recently, Kyle Sweet completed his Eagle Scout project at Westminster High School where he is a student. Soliciting private donations and recruiting volunteers, he was able to have a 600-square foot Tack Box constructed for the school's Agriculture Sciences department.

Looking at the success of these programs, we feel optimistic about what can be accomplished when we get our young people involved and all work together to make Westminster a better place to live, work and play.

To watch WTV-3 on the City's website [www.westminster-ca.gov](http://www.westminster-ca.gov), click the Cool Click on the homepage, or find WTV-3 in the Community Services tab!



### CITY OF WESTMINSTER WESTMINSTER CITY HALL

8200 Westminster Blvd.

Monday – Thursday 7:30 a.m. - 5:30 p.m.

Friday 7:30 a.m. - 4:30 p.m.

Closed alternate Fridays

(714) 898-3311

CITY COUNCIL  
Meetings are held the  
2<sup>nd</sup> & 4<sup>th</sup> Wednesdays  
of the month in the  
Council Chambers  
at 7:00 p.m.  
8200 Westminster Blvd.

**Margie L. Rice**  
MAYOR  
(714) 548-3183  
(714) 893-1732

**Tri Ta**  
MAYOR PRO TEM  
(714) 548-3179

**Frank G. Fry**  
COUNCIL MEMBER  
(714) 548-3180  
(714) 893-3161

**Tyler Diep**  
COUNCIL MEMBER  
(714) 548-3181

**Andy Quach**  
COUNCIL MEMBER  
(714) 548-3182

**Mitch Waller**  
CITY MANAGER  
(714) 548-3172



## COMMUNITY SERVICES & RECREATION DEPARTMENT

8200 Westminster Boulevard  
Monday – Thursday • 7:30 a.m. – 5:30 p.m.  
Alternate Fridays • 7:30 a.m. – 4:30 p.m.

### RECREATION PROGRAMS

#### FACILITY RENTALS

(714) 895-2860

#### SENIOR CENTER

(714) 895-2878

#### DAMAGE TO PARKS/GRAFFITI HOTLINE

(714) 895-2876

## COMMUNITY SERVICES & RECREATION COMMISSION

Penny Loomer, Chairperson

Leo Lopez

Nhi Ho

Jacko Luong

Gia Ly

Lupe Fisher, Alternate

## COMMUNITY SERVICES & RECREATION DEPARTMENT STAFF

#### Community Services Director

Diana Dobbert

#### Senior Services Supervisor

Claire Hutchinson

#### Community Services Supervisor

Vanessa Johnson

#### Family Resource Center Supervisor

Susanna Herrera

#### Cable TV Production Supervisor

LaVada Cordasco

#### Community Services Coordinators:

Stacy Yoshida – Sports

Pam Gremling – Special Events

#### Administrative Assistant

Jennifer Espinoza

The City of Westminister does not discriminate on the basis of race, color, national origin, sex, religion, age, or handicapped status in employment or the provision of services.



## BREAKFAST WITH THE EASTER BUNNY

Get ready for a hopping good time! Join us for a springtime event you won't want to miss! On **Saturday, April 7**, from 9:00 to 11:00 a.m. enjoy a pancake breakfast, crafts, egg hunt, and photos with the Easter Bunny. Adults are encouraged to bring their cameras to capture the special moment. Ticket prices are \$7.00 for adults and children. Children must be accompanied by an adult. **SPACE IS LIMITED, SO PLEASE REGISTER EARLY!!!** For more information, please call the department at (714) 895-2860.

\$7.00 per person – Adults & Children (Age 2+)

The City of Westminister  
invites you to the annual  
**Flag Day Celebration**  
Thursday, June 14, 2012  
12:00 Noon  
Westminister Civic Center  
8200 Westminister Blvd.  
For further information,  
please call (714) 895-2860  
[www.westminister-ca.gov](http://www.westminister-ca.gov)

## Youth Sports Contacts

American Youth Soccer Organization (AYSO)

Region 5 • (714) 367-4691

Region 143 • HOTLINE • (877) 976-6333

Southern California Premier Soccer Academy • (866) 450-1674

Westminster Little League • (714) 894-1578

District 62 Challenger Baseball • (714) 610-8295

National Junior Basketball (NJB) • (714) 765-6567

Junior All-American Football • (714) 299-7619

## Youth Sports



### MINI SPORTS

Here's a chance for the 3 and 4 year old youngsters to experience a variety of sports in one class. This program introduces children to three very popular sports: basketball, soccer and t-ball. They will play games while learning to dribble, pass, catch and kick. Parent participation is required.

Instructor: Recreation Staff  
Fee: \$15.00 (Includes T-shirt)

Age: 3-4 yrs  
Length: 6 wks

6010.201	Sigler Park	Sa	4/14-5/19	9:30-10:15 a.m.
6010.202	Sigler Park	Sa	4/14-5/19	10:30-11:15 a.m.



### SOCCER STARS

Kick into a fun time and learn the basic fundamentals of soccer. Learn to dribble, pass, shoot and defend. Program will cover aspects of defensive and offensive play. Participants should dress in comfortable clothes and tennis shoes (no cleats). **No practice 5/28.**

Instructor: Recreation Staff

Age: 8-12 yrs

Fee: \$20.00 (Includes T-shirt)

Length: 8 wks

6010.203 Bolsa Chica Park M 4/16-6/11 3:30-4:30 p.m.

6010.204 Liberty Chica Park M 4/16-6/11 3:30-4:30 p.m.

### LIL' KICKERS

Teaches the basic techniques of the game and builds self-esteem through participation and fun soccer activities. Participants should dress in comfortable clothes and tennis shoes (no cleats).

Instructor: Recreation Staff

Age: 5-7 yrs

Fee: \$20.00 (Includes T-shirt)

Length: 8 wks

6010.205 Bolsa Chica Park Tu 4/17-6/5 3:45-4:30 p.m.

6010.206 Liberty Park Tu 4/17-6/5 3:45-4:30 p.m.

### PEE-WEE HOOPSTERS

Participants will learn the beginning fundamentals and basic skills of basketball. Coaches will teach techniques that will help improve the children's abilities while having fun learning the sport. Adjustable rims and junior sized basketballs will be used.

Instructor: Recreation Staff

Age: 5-7 yrs

Fee: \$20.00 (Includes T-shirt)

Length: 8 wks

6020.201 Bolsa Chica Park W 4/18-6/6 3:45-4:30 p.m.

6020.202 Liberty Park W 4/18-6/6 3:45-4:30 p.m.

### YOUTH HOOPSTERS

This is a non-competitive program designed for recreational play. Coaches will teach the fundamentals of the sport, emphasizing teamwork, passing, dribbling and shooting.

Instructor: Recreation Staff

Age: 8-12 yrs

Fee: \$20.00 (Includes T-shirt)

Length: 8 wks

6020.203 Bolsa Chica Park Th 4/19-6/7 3:30-4:30 p.m.

6020.204 Liberty Park Th 4/19-6/7 3:30-4:30 p.m.

## FLAG FOOTBALL

Boys and girls are invited to participate in the Youth Flag Football program. Participants will develop their playing skills, learn the rules of the game, build teamwork, engage in social interaction, build character and make new friends.

Instructor: Recreation Staff  
Fee: \$20.00 (Includes T-shirt)

Age: 6-12 yrs  
Length: 8 wks

6020.205 Bolsa Chica Park F 4/20-6/8 3:30-4:30 p.m.  
6020.206 Liberty Park F 4/20-6/8 3:30-4:30 p.m.

## CLUB WESTMINSTER

### SPRING PARKS PROGRAM

Are you looking for something to do after a long, hard day at school? Check out Club Westminster! This recreation program is **free** for elementary school aged children. As a drop-in program, participants DO NOT sign-in or out and, may come and go freely. After School recreation fun includes arts & crafts, playground games, sports and much more. Park locations will be open Monday through Friday from 2:30 to 5:00 p.m.

Bolsa Chica Park 13660 University St. Park Phone (714) 897-5911  
Liberty Park 13900 Monroe St. Park Phone (714) 412-2617  
Sigler Park 7200 Plaza St. Park Phone (714) 715-0262



### SPECIAL SPRING BREAK SCHEDULE

The After School Parks Program will be extending hours during spring break at Bolsa Chica, Sigler, and Liberty Parks. Park hours will be from **10:00 a.m. to 4:00 p.m.** beginning **Monday, April 9 through Friday, April 13.**

**Parks  
Make  
Life  
Better!**

## Summer Camps

### LEGO PRE-ENGINEERING CAMP

Students build cities, bridges, motorized cars and planes while exploring the many creative possibilities of engineering with the LEGO system.

Instructor: Play-Well Staff

Ages: 5-6 yrs

Fee: \$162

Length: 1 week

Location: WCSB Room A/B

Min: 6 Max: 12

and Fountain Valley Recreation Center

#0000.301 M-F 6/18-6/22 9:00 a.m.-12:00 p.m. (WCSB Room A/B)

#0000.302 M-F 8/13-8/17 9:00 a.m.-12:00 p.m. (FV Rec. Center)

### LEGO ENGINEERING FUNDAMENTALS CAMP

Students take on real-life engineering challenges that explore concepts in physics, architecture, mechanical and structural engineering with over 100,000 pieces of LEGO material.

Instructor: Play-Well Staff

Ages: 7-12 yrs

Fee: \$162

Length: 1 week

Location: WCSB Room A/B

Min: 6 Max: 12

and Fountain Valley Recreation Center

#0000.303 M-F 6/18-6/22 1:00-4:00 p.m. (WCSB Room A/B)

#0000.304 M-F 8/13-8/17 1:00-4:00 p.m. (FV Rec. Center)

### MAGIC CAMP

Popular magic tricks will be broken down to their basic forms. You'll be able to perform your new skills before family and friends on the last day of camp!

Instructor: Edutainment Arts Staff

Ages: 6-12 yrs

Fee: \$139

Length: 1 week

Location: Fountain Valley Recreation Center

Min: 4 Max: 15

#0000.305 M-F 6/25-6/29 9:00 a.m.-12:00 p.m.

### TOP CHEF COOKING CAMP

Campers will learn food handling skills and hygiene and then learn how to make several delicious and fun dishes!

Instructor: Edutainment Arts Staff

Ages: 7-12 yrs

Fee: \$139

Length: 1 week

Location: WCSB Room A/B

Min: 4 Max: 15

#0000.306 M-F 7/9-7/13 9:00 a.m.-12:00 p.m.



## FORT BUILDING CAMP

NEW

Build your forts with tons of friends and have the fun of building, and competing.

Instructor: Edutainment Arts Staff      Ages: 6-12 yrs  
 Fee: \$139      Length: 1 week  
 Location: Fountain Valley Recreation Center      Min: 4 Max: 15  
**#0000.307      M-F      7/16-7/20      9:00 a.m.-12:00 p.m.**

## COOKING BY NUMBERS CAMP

NEW

Cooking by numbers takes recipes one ingredient, one day at a time.

Instructor: Edutainment Arts Staff      Ages: 6-12 yrs  
 Fee: \$139      Length: 1 week  
 Location: WCSB Room A/B      Min: 4 Max: 15  
**#0000.308      M-F      7/23-7/27      9:00 a.m.-12:00 p.m.**

## ROCKETS, ILLUSIONS, AND MENTOS CAMP

A science camp with something for everyone!

Instructor: Edutainment Arts Staff      Ages: 6-12 yrs  
 Fee: \$139      Length: 1 week  
 Location: Fountain Valley Recreation Center      Min: 4 Max: 15  
**#0000.309      M-F      7/30-8/3      9:00 a.m.-12:00 p.m.**

## CSI – WHAT IT TAKES TO BE A DETECTIVE CAMP

Learn about the elements of crime solving, with hands on activities that require teamwork and deductive reasoning.

Instructor: Edutainment Arts Staff      Ages: 7-12 yrs  
 Fee: \$139      Length: 1 week  
 Location: WCSB Room A/B      Min: 4 Max: 15  
**#0000.310      M-F      7/30-8/3      9:00 a.m.-12:00 p.m.**

## STAR WARS THEME CAMP

It's Jedi Training Time! Learn to use the force and how to operate a lightsaber. Campers will build a Jedi costume and will be taught the positive aspects of being a Jedi.

Instructor: Edutainment Arts Staff      Ages: 6-12 yrs  
 Fee: \$139      Length: 1 week  
 Location: WCSB Room A/B      Min: 4 Max: 15  
**#0000.311      M-F      8/6-8/10      9:00 a.m.-12:00 p.m.**

## SUMMER OF ART CAMP

Explore a variety of media such as acrylics on canvas, watercolors, pastels, clay sculpture, and more! **A \$20 material fee (includes kiln firing and glazing) will be due to the instructor.**

Instructor: Lucia Henry      Ages: 6-12 yrs  
 Fee: \$77 (+material fee)      Length: 1 week  
 Location: WCSB Craft Room      Min: 7 Max: 28  
**#0000.312      M-F      8/6-8/10\*      1:30-3:00 p.m.**  
 \*No class on 8/8.



## DESSERT SHOP CAMP

Make different desserts, sweets, and other foods your parents don't want you to have too much of! It's time for sugar and spice!

Instructor: Edutainment Arts Staff      Ages: 7-12 yrs  
 Fee: \$139      Length: 1 week  
 Location: WCSB Room A/B      Min: 4 Max: 15  
**#0000.313      M-F      8/13-8/17      9:00 a.m.-12:00 p.m.**

## CAMP COMPETITION

NEW

For those who like to play and compete, but aren't into traditional sports.

Instructor: Edutainment Arts Staff      Ages: 6-12 yrs  
 Fee: \$139      Length: 1 week  
 Location: WCSB Room A/B      Min: 4 Max: 15  
**#0000.314      M-F      8/20-8/24      9:00 a.m.-12:00 p.m.**





## Academics

### CREATIVE WRITING: Where Kids Go to Make Stuff Up!

NEW

MSU Academy is a unique class designed for kids who like to Make Stuff Up! Be ready to stretch your creative muscle and unleash your wild imaginations. We'll play with words, forms, and structures but mostly: We'll have fun writing just for the fun of it!

Instructor: Sue Welfringer, MSU Academy Age: 8-12 yrs  
 Fee: \$109 Length: 8 wks  
 Location: WCSB Craft Room Min: 7 Max: 15  
 #1000.201 Th 4/19-6/7 4:00-5:30 p.m.



### LEARN SPANISH LEVEL 1 TUTORING

Learn Spanish with this innovative course that emphasizes vocabulary method development. Gradually acquire basic communication skills through listening and speaking at a "survival level" of proficiency. You will benefit from a supportive learning environment that utilizes effective second language acquisition techniques. This class will help non-natives increase their potential for long-term career success by learning oral and written communication skills in Spanish. This class is also open to high school students who need tutoring. **A \$5 material fee is due at first class.** For more information, email [alimig@cox.net](mailto:alimig@cox.net)

Instructor: CALINK Institute Staff Age: 13+ yrs  
 Fee: \$99 (+material fee) Length: 8 wks  
 Location: Fountain Valley Senior Center Min: 5 Max: 15  
 #1000.202 Tu 3/27-5/15 6:00-7:00 p.m.

## SPANISH LEVEL 2 Intermediate/Advanced/Tutoring

This combo class will help those students wishing to polish their basic skills while participating in challenging conversation. The Intermediate level provides continued enhancement of listening and reading comprehension with practice in speaking and writing Spanish. Students make significant progress on vocabulary building while developing grammatical accuracy. In the Advanced Level, students learn to master the language by using the appropriate verb in the right tense and enhance their fluency in the Spanish language. This course also includes enhanced cultural and literary reading materials. For more information, please e-mail the instructor at [alimig@cox.net](mailto:alimig@cox.net). **A \$5 material fee will be due to the instructor at the first meeting.**

Instructor: CALINK Institute Staff Age: 18+yrs  
 Fee: \$130 (+ material fee) Length: 8 wks  
 Location: Fountain Valley Recreation Center Min: 5 Max: 8  
 #1000.203 Tu 3/27-5/15 7:00-8:00 p.m.

## Arts & Crafts

### ART PLAYGROUND FOR PRESCHOOLERS

NEW

Are you worn out from running in seven different directions, taking your kids to all their separate activities? What if you could bring them to the SAME class where fun and creativity are key? Each week, kids have the freedom to express their artistic style in our playground of stimulating arts and crafts stations. You take home the fabulous masterpieces; the mess stays with us! Parent participation is required. **Dress for the mess and sign your child up today! There will be a material fee of \$15 due to the instructor at the first class.**

Instructor: Easel Does It! Staff Age: 1½-5 yrs  
 Fee: \$77 (+material fee) Length: 8 wks  
 Location: Fountain Valley Recreation Center Min: 4 Max: 7  
 #1000.204 Th 4/19-6/7 9:45-10:30 a.m.  
 #1000.205 Th 4/19-6/7 10:45-11:30 a.m.

## ART PLAYGROUND FOR YOUTH

NEW

Are you worn out from running in seven different directions, taking your kids to all their separate activities? What if you could bring them to the SAME class where fun and creativity are key? Each week, kids have the freedom to express their artistic style in our playground of stimulating arts and crafts stations. You take home the fabulous masterpieces; the mess stays with us! Parent participation is required for 4- and 5-year-olds. **Dress for the mess and sign your child up today! There will be a material fee of \$15 due to the instructor at the first class.**

Instructor: Easel Does It! Staff      Age: 4-10 yrs  
 Fee: \$77 (+material fee)      Length: 8 wks  
 Location: Fountain Valley Recreation Center      Min: 4 Max: 9  
 #1000.206      Th      4/19-6/7      3:45-4:30 p.m.

## PARENT AND TOT CLAYTIME

Come and enjoy some creative time with your little one! Your young artist will enjoy a tactile experience using clay, as we hand build wonderful projects step-by-step. Different projects each class. All pieces will be glazed and fired. Aprons will be provided. **There will be a material fee of \$20 that includes clay, under glazes, glazes, and kiln firing.**

Instructor: Lucia Henry      Age: 3-5 yrs + parent  
 Fee: \$65 (+ material fee)      Length: 5 wks  
 Location: WCSB Craft Room      Min: 6 Max: 12  
 #1000.207      Th      4/19-5/17      11:30 a.m.-12:15 p.m.

## PARENT AND TOT ART TIME

Explore a variety of art materials and fire up your child's imagination. Hands-on projects may include painting, drawing, printmaking, clay sculpture, and much more! Come and enjoy a special creative time with your little artist. All aprons are provided. **There will be a \$20 material fee due to the instructor that includes paint, paper, watercolors, clay, etc.**

Instructor: Lucia Henry      Age: 3-5 yrs + parent  
 Fee: \$59 (+material fee)      Length: 5 wks  
 Location: WCSB Craft Room      Min: 6 Max: 12  
 #1000.208      Th      4/19-5/17      12:30-1:15 p.m.

## ART: DRAWING AND PAINTING for TEENS & ADULTS!

Maximize your time! This fun class is designed for beginning and intermediate students who would like to learn the necessary skills of drawing and painting. Learn at your own pace and boost your confidence in a supportive atmosphere. The lessons will be alternated, drawing one week, painting the next. **Note: Please ask for the materials list when registering for this class, and bring all materials to the first class meeting.**

Instructor: Pati Kent      Age: 13+ yrs  
 Fee: \$85 (+ materials)      Length: 5 wks  
 Location: WCSB Craft Room      Min: 3 Max: 20  
 #1000.209      W      4/11-5/9      1:15-2:45 p.m.  
 #1000.210      W      5/16-6/13      1:15-2:45 p.m.



## ART: PENCILS, PAINTS, PASTELS AND MORE!

Come join the fun as Pati Kent teaches children ways to improve their drawing and painting skills in a creative and supportive environment. Class will end with an art show! **Note: Please ask for the materials list when registering for this class, and bring all materials to the first class meeting.**

Instructor: Pati Kent      Age: 7-12 yrs  
 Fee: \$65 (+materials)      Length: 5 wks  
 Location: WCSB Craft Room      Min: 3 Max: 20  
 #1000.211      W      4/11-5/9      3:00-4:00 p.m.  
 #1000.212      W      5/16-6/13      3:00-4:00 p.m.

## ART: ESSENTIAL CARTOONING

This fun and exciting class will teach character drawing and basic cartooning skills. Limited enrollment. **A material fee of \$35 covers all materials and is payable to the instructor at the first class. Pre-Registration is required.**

Instructor: Pati Kent      Age: 7-12 yrs  
 Fee: \$42 (+ material fee)      Length: 4 wks  
 Location: WCSB Craft Room      Min: 3 Max: 20  
 #1000.213      W      4/11-5/2      4:15-5:15 p.m.  
 #1000.214      W      5/9-5/30      4:15-5:15 p.m.

## YOUNG REMBRANDTS PRESCHOOL DRAWING CLASS

April showers bring May flowers and springtime is the right time for signing up your pre-schooler for a Young Rembrandts (YR) class! The spring months will blast off with excitement as we draw a wonderful astronaut. But it's not all about space adventures; your student's feet will be firmly planted back on planet Earth with a drawing of a tree house. And don't let those May flowers go unnoticed; the month of May will bloom with our flower basket drawing. Sign up today!

Instructor: Certified YR Teacher      Age: 3 ½-5 yrs  
 Fee: \$79      Length: 6 wks  
 Location: WCSB Craft Room      Min: 6 Max: 20

#1000.215	Tu	4/10-5/15	2:00-2:45 p.m.
#1000.216	Tu	5/22-6/26	2:00-2:45 p.m.



## YOUNG REMBRANDTS ELEMENTARY DRAWING CLASS

It's spring time and that can only mean one thing: SPRINGTIME FUN WITH YOUNG REMBRANDTS! If you think your student is a budding vehicle designer, he or she will love our motorcycle lesson. Learning to draw organic shapes and adding color patterns will be the focus as our artists create an eye-catching humming bird illustration. And our students will be challenged as they draw and shade a seemingly realistic portrait using color pencils. Sign up today!

Instructor: Certified YR Teacher      Age: 6-13 yrs  
 Fee: \$79      Length: 6 wks  
 Location: WCSB Craft Room      Min: 6 Max: 20

#1000.217	Tu	4/10-5/15	3:00-4:00 p.m.
#1000.218	Tu	5/22-6/26	3:00-4:00 p.m.

## YOUNG REMBRANDTS CARTOONING CLASS

There's no better way to get a jump on spring than with our fun Young Rembrandts cartoon class. Your student will be exposed to the excitement of drawing anime characters. These drawings will delight our students as they learn how to draw dynamic figures and action-filled scenes. Your funny bone will be tickled when you see the humorous, floral-inspired personas created in our flower characters lesson. And we'll have an enormous amount of fun as we draw cartoon animals of all shapes and sizes. Sign up today!

Instructor: Certified YR Teacher      Age: 6-13 yrs  
 Fee: \$79      Length: 6 wks  
 Location: WCSB Craft Room      Min: 6 Max: 20

#1000.219	Tu	4/10-5/15	4:00-5:00 p.m.
#1000.220	Tu	5/22-6/26	4:00-5:00 p.m.

## PRE-SCHOOL PLAY & PRACTICE

Imagine learning activities, award-winning children's literature, arts and crafts, songs, and many more fresh new ideas for your child. Each class is based on a different theme and includes cutting, pasting, painting, coloring, and more importantly, interacting with other children. **A \$5 material fee will be due to the instructor.**

Instructor: Miss Dawna      Age: 2-5 yrs  
 Fee: \$45 (+material fee)      Length: 5 wks  
 Location: Garden Grove Sports & Rec. Center      Min: 10 Max: 20

#1000.221	Sa	3/17-4/14	10:40-11:20 a.m.
#1000.222	Sa	4/21-5/19	10:40-11:20 a.m.





## Dance



## ZUMBA

Join the fun! You will have the time of your life dancing your way to fitness! Join us as we move to the music, learn new dance moves, burn calories, and tone our bodies.

Instructor: Joanne Prodomirski-Alvo Age: 13+ yrs  
 Fee: \$65 Length: 9 wks  
 Location: WCSB E/W Room Min: 8 Max: 50

#2000.201 M 4/9-6/11\* 12:00-12:45 p.m.

\*No class on 5/28.

## ZUMBA GOLD

NEW

This format is designed for active seniors, but everyone is welcome. Join the party and improve balance, coordination, strength, and cardiovascular fitness. The fusion of Latin and International music will keep you moving to the beat for total mind and body conditioning!

Instructor: Joanne Prodomirski-Alvo Age: 13+yrs  
 Fee: \$45 Length: 7 wks  
 Location: WCSB A/B Room Min: 8 Max: 50

#2111.201 F 4/13-6/8\* 10:30 a.m.-11:15 a.m.

\*No class on 5/18 and 5/25

## ZUMBA LATIN DANCE FITNESS!

Zumba is a fun, high-energy, cardio workout that will help you get into great shape! You will learn salsa, merengue, cumbia, cha cha, bachata, and more.

Instructor: Georgina Espinosa Age: 12+ yrs  
 Fee: \$65 Length: 8 wks  
 Location: WCSB E/W Room Min: 10 Max: 40

#2000.202 F 4/6-6/1\* 7:00-8:00 p.m.

\*No class on 5/25.

## BALLROOM, SWING, AND LATIN COMBO!

Learn fun, easy patterns in Swing and cha-cha in session 1, Swing and Waltz during session 2, and swing, bachata, and merengue in session 3! Learn to dance to the music played at parties, night clubs, weddings, and cruises. No partner necessary.

Instructor: Efren Barrera Age: 14+ yrs  
 Fee: \$45 Length: 4 wks  
 Location: WCSB E/W Room Min: 4 Max: 30

#2000.203 Tu 4/10-5/1 6:00-7:00 p.m. (Swing & Cha-Cha)

#2000.204 Tu 5/8-5/29 6:00-7:00 p.m. (Swing & Waltz)

#2000.205 Tu 6/5-6/26 6:00-7:00 p.m. (Swing, Bachata & Merengue)

## SALSA 1 &amp; 2 for ADULTS!

Salsa, the hot and spicy dance, lets you move to the Latin rhythms in today's club and party scene. Learn hot, beginner patterns in Salsa 1 and intermediate patterns in Salsa 2! Meet people, socialize, and show off your moves! No partner needed. For more information, call Efren Barrera at 714-595-4766.

Instructor: Efren Barrera Age: 14+ yrs  
 Fee: \$45 Length: 4 wks  
 Location: WCSB E/W Room Min: 4 Max: 30

#2000.206 Tu 4/10-5/1 7:00-8:00 p.m. (Salsa 1)

#2000.207 Tu 4/10-5/1 8:00-9:00 p.m. (Salsa 2)

#2000.208 Tu 5/8-5/29 7:00-8:00 p.m. (Salsa 1)

#2000.209 Tu 5/8-5/29 8:00-9:00 p.m. (Salsa 2)

#2000.210 Tu 6/5-6/26 7:00-8:00 p.m. (Salsa 1)

#2000.211 Tu 6/5-6/26 8:00-9:00 p.m. (Salsa 2)

## INTERMEDIATE LINE DANCING

Dancing is a great way to reduce stress and get fit while having fun. A study at the Albert Einstein Medical Center found dancing to be the only regular physical activity associated with a significant drop in the incidence of dementia, including Alzheimer's. Other studies have shown it to be helpful in the areas of memory, balance and cardiovascular fitness. It's done to all kinds of great music including top 40, waltzes, Latin, country, and disco. No partner needed. Intermediate (Level 3 and 4) dancers only.

Instructor: Suzy Hazard Age: 18+ yrs  
 Fee: \$49 Length: 10 wks  
 Location: WCSB E/W Room Min: 20 Max: 60

#2000.212 M 3/19-5/21 9:30-11:30 a.m.

## HIP HOP MOMS

Come get a great workout and have fun shaking your booty while learning how to dance! You'll sweat like crazy in this hip hop dance class done to popular music and geared towards busy moms of all dance levels. **Dance attire:** Wear all black pants, tank and clean sneakers with non-marking soles. For more info visit our website at [www.wespacdance.com](http://www.wespacdance.com) or call 714-893-2623.

Instructor: Jennifer Chavarria Age: Adult  
 Fee: \$45 Length: 5 wks  
 Location: Wespac Dance Center Min: 6 Max: 10

#2000.213 M 4/9-5/7 8:15-9:00 p.m.  
 #2000.214 M 5/14-6/11\* 8:15-9:00 p.m.

\*No class on 5/28. Makeup class will be announced by instructor.



## HOT SALSA!

You don't have to be a professional dancer to look like one! Come get a great workout! Burn as many calories as running a few miles in this high energy packed dance class geared towards the beginner, but with enough spice to entice the advanced dancer. Learn exciting latin moves combined with belly exercises & funky hip hop style. Come shake it on the dance floor and...Let's dance! **Dance attire:** Wear all black pants, tank and clean sneakers with non - marking soles. For more info visit our website at [www.wespacdance.com](http://www.wespacdance.com) or call 714-893-2623.

Instructor: Jaseida Mojica Age: 13-Adult  
 Fee: \$45 Length: 5 wks  
 Location: Wespac Dance Center Min: 6 Max: 10

#2000.215 Tu 4/10-5/8 8:00-9:00 p.m.  
 #2000.216 Tu 5/15-6/12 8:00-9:00 p.m.

## SWING DANCE - LINDY HOP

Brought back by the popular demand of one of today's most watched shows "Dancing with the Stars"! Learn the basics of Lindy Hop in this powerful Swing dance style that originated the jitterbug, charleston and more. Come have fun with our world championship dance instructors and get the workout of your life while doing it in this social dance environment, stay after class for our Dance Party with DJ Rad to practice your new moves with our pros! **Dance attire:** Ladies wear nice dress and heels and gentlemen wear collared shirt and nice slacks with dress shoes. For more info visit our website at [www.wespacdance.com](http://www.wespacdance.com) or call 714-893-2623.

Instructor: Conrad Friesen & Alice Pye Age: 13-Adult  
 Fee: \$45 Length: 5 wks  
 Location: Wespac Dance Center Min: 6 Max: 10

#2000.217 F 4/13-5/11 6:30-7:15 p.m.  
 #2000.218 F 5/18-6/15 6:30-7:15 p.m.

## PEE WEE (INTRO TO DANCE)

### LEVEL 1 & 2

Come learn the foundation for all dance styles in this combination of ballet & jazz. Have fun while listening to friendly children's music. **Dance attire:** Wear all ballet pink leotard, tights and ballet shoes. Student must be potty trained prior to taking class. **This is not a parent & me class so parents are encouraged to watch from the lobby. Must take Level 1 for 2 sessions prior to taking Level 2.** For more info visit our website at [www.wespacdance.com](http://www.wespacdance.com) or call 714-893-2623.

Instructor: Valerie Bartosch Age: 2-6 yrs  
 Fee: \$45 Length: 5 wks  
 Location: Wespac Dance Center Min: 6 Max: 10

#2000.219 Th 4/12-5/10 5:15-6:00 p.m. (Level 1)  
 #2000.220 Th 5/17-6/14 5:15-6:00 p.m. (Level 1)  
 #2000.221 Th 4/12-5/10 6:00-6:45 p.m. (Level 2)  
 #2000.222 Th 5/17-6/14 6:00-6:45 p.m. (Level 2)



## BALLET

This class will utilize ballet barre, center floor work and across the floor. Learn ballet positions in 1<sup>st</sup> - 5<sup>th</sup>, jumps, tendue's, plie's, chaine's, pique's, pirouettes and leaps. A routine will be taught at the end of class.

**Dance attire:** Wear pastel colored leotard (i.e. light pink, yellow, baby blue or lilac), ballet pink tights and pink ballet shoes, ballet skirt is optional. For more info visit our website at [www.wespacdance.com](http://www.wespacdance.com) or call 714-893-2623.

Instructor: Jaseida Mojica	Age: 5-12 yrs
Fee: \$45	Length: 5 wks
Location: Wespac Dance Center	Min: 6 Max: 10
#2000.223 Tu 4/10-5/8	4:30-5:30 p.m.
#2000.224 Tu 5/15-6/12	4:30-5:30 p.m.

## TUMBLING

Learn beginning tumbling technique including splits, somersaults, cartwheels, roundoffs, back handsprings and leaps. A must take course for anyone looking to try out for a competitive cheerleading or dance team at any junior high school, high school, university or professional level. Abs, chest and arms will be toned in the class! **Tumbling attire:** Wear any color leotard with black ballet/jazz shorts and no shoes. For more info visit our website at [www.wespacdance.com](http://www.wespacdance.com) or call 714-893-2623.

Instructor: Susan Prough	Age: 5-13 yrs
Fee: \$45	Length: 5 wks
Location: Wespac Dance Center	Min: 6 Max: 10
#2000.225 F 4/13-5/11	4:45-5:45 p.m.
#2000.226 F 5/18-6/15	4:45-5:45 p.m.

## HIP HOP

Come learn the latest LA style Hip Hop dance moves as seen on television, film and videos. Get a great workout while learning how to dance! **Dance attire:** Wear all black pants, tank and clean sneakers with non - marking soles. For more info visit our website at [www.wespacdance.com](http://www.wespacdance.com) or call 714-893-2623.

Instructor: Jennifer Chavarria & Jerome Moore	Age: 5-Adult yrs
Fee: \$45	Length: 5 wks
Location: Wespac Dance Center	Min: 6 Max: 10
#2000.227 M 4/9-5/7	6:45-7:30 p.m. (5 - 12 yrs.)
#2000.228 M 5/14-6/11*	6:45-7:30 p.m. (5 - 12 yrs.)
#2000.229 Th 4/12-5/10	6:45-7:45 p.m. (Teen/Adult)
#2000.230 Th 5/17-6/14	6:45-7:45 p.m. (Teen/Adult)

\*No class on 5/28. Makeup class will be announced by instructor.

## HULA

Learn the cultural dance of the Hawaiian and Tahitian Islands. This class is geared towards students who are looking to get a great workout while having fun.

**Dance attire:** Wear black tank or leotard with black shorts or leggings and any color sarong is optional. For more info visit our website at [www.wespacdance.com](http://www.wespacdance.com) or call 714-893-2623.

Instructor: Cathie Laurie	Age: 5-12 yrs
Fee: \$45	Length: 5 wks
Location: Wespac Dance Center	Min: 6 Max: 10
#2000.231 F 4/13-5/11	5:45-6:30 p.m.
#2000.232 F 5/18-6/15	5:45-6:30 p.m.

## BELLY DANCING

This class will focus on orientale/beledi technique, rhythms, finger cymbals, veil work and improvisations. Get a great low-impact, cardio workout while dancing to the beautiful middle-eastern beats. **Dance attire:** Wear black tank or leotard with black shorts or leggings and any color belly dancing hip scarf is optional, barefoot or ballet shoes are optional. For more info visit our website at [www.wespacdance.com](http://www.wespacdance.com) or call 714-893-2623.

Instructor: Rania Bossonis	Age: Teen/Adult
Fee: \$45	Length: 5 wks
Location: Wespac Dance Center	Min: 6 Max: 10
#2000.233 W 4/11-5/9	6:30-7:30 p.m.
#2000.234 W 5/16-6/13	6:30-7:30 p.m.

## OUR FIRST DANCE AS MR. & MRS.

Learn the basics of couples' dancing and look great on your wedding day. Your friends and family will be amazed! Even if you are not getting married and you are a guest or father of the bride, all couples are welcome to take this ballroom dance class which is a great way to prepare for any social event or special occasion. **Dance attire:** Ladies wear nice dress and heels and gentlemen wear collared shirt and nice slacks with dress shoes. For more info visit our website at [www.wespacdance.com](http://www.wespacdance.com) or call 714-893-2623.

Instructor: Jaseida Mojica	Age: 18+ yrs
Fee: \$90 per couple	Length: 5 wks
Location: Wespac Dance Center	Min: 6 Max: 10
#2000.235 Tu 4/10-5/8	8:00-8:45 p.m.
#2000.236 Tu 5/15-6/12	8:00-8:45 p.m.



## TEENY TUMBLERS AND DANCERS

Enjoy concentrated time together in activities that are fun for both parents and little cruisers. Early walkers will build important motor skills, balance and coordination as they explore tunnels, slides and ramps. Adult participation is required.

Instructor: Miss Dawna      Age: 6-24 mths.  
 Fee: \$45      Length: 5 wks  
 Location: Garden Grove Sports & Rec. Center      Min: 8 Max: 20

#2000.237	Sa	3/17-4/14	12:00-12:30 p.m.
#2000.238	Sa	4/21-5/19	12:00-12:30 p.m.



## BALLET, TAP, and TUMBLING

Ballet develops physical control, strength, balance, and grace. Tap develops a sense of rhythm and timing useful in music study and athletics. Children will have lots of fun learning age-appropriate gymnastic skills including rolling, jumping, "Position of the day", animal walks, and balance beams.

Instructor: Miss Dawna      Age: 2-5 yrs  
 Fee: \$45      Length: 5 wks  
 Location: Garden Grove Sports & Rec. Center      Min: 10 Max: 20

#2000.239	Sa	3/17-4/14	11:20 a.m.-12:00 p.m.
#2000.240	Sa	4/21-5/19	11:20 a.m.-12:00 p.m.

## Music



## SESAME STREET MUSIC WORKS

This program is a fantastic program designed for children ages 2-6 and their parents, grandparents, teachers, and caregivers to be involved in music making. Fountain Valley Music is a licensed education center for the Sesame Street Music Works Program.

Instructor: FVM Staff      Age: 2-6 yrs  
 Fee: \$30      Length: 4 wks  
 Location: Fountain Valley Music      Min: 5 Max: 20

#3000.201	Tu	4/10-5/1	9:30-10:00 a.m.
#3000.202	Tu	4/10-5/1	2:00-2:30 p.m.
#3000.203	Tu	5/8-5/29	9:30-10:00 a.m.
#3000.204	Tu	5/8-5/29	2:00-2:30 p.m.

## KEYS TO MUSIC – Beginning Piano/Keyboard

Piano is the perfect instrument to start your music career. In addition to playing piano/keyboard, you will play listening games, sing, do rhythm activities and more. You should have a piano/keyboard to play on at home. They are also available at Fountain Valley Music. These classes are fun! **There will be a \$30 material fee due to the instructor which includes a lesson book, note finder, and bag.**

Instructor: FVM Staff      Age: 4-Adult  
 Fee: \$45 (+ material fee)      Length: 4 wks  
 Location: Fountain Valley Music      Min: 5 Max: 10

#3000.205	M	4/9-4/30	10:15-11:00 a.m. (Age 4-5)
#3000.206	Tu	4/10-5/1	2:15-3:00 p.m. (Age 4-5)
#3000.207	Tu	4/10-5/1	4:00-4:45 p.m. (Age 6-9)
#3000.208	W	4/11-5/2	7:00-7:45 p.m. (Age 6-9)
#3000.209	W	4/11-5/2	7:45-8:30 p.m. (Age 10-15)
#3000.210	Th	4/12-5/3	12:00-12:45 p.m. (Age 16+)
#3000.211	Th	4/12-5/3	8:15-9:00 p.m. (Age 16+)

Congratulations to Fountain Valley Music for being named "Best Music School (Independent)" by Parenting OC Magazine, Readers' Choice 2011 issue!



## UITARLAND – Beginning Guitar

This course is a basic approach to playing the guitar, for beginners only. Students learn: Basics of reading music, learn rhythm and tempo, and how to tune your guitar. This is a very popular and fun class. **Please bring your own guitar to practice or you may rent one for a nominal cost. There will be a \$20 material fee for book and CD.**

Instructor: FVM Staff

Age: 6-Adult

Fee: \$45 (+ material fee)

Length: 4 wks

Location: Fountain Valley Music

Min: 5 Max: 10

#3000.212	Th	4/12-5/3	4:15-5:00 p.m. (Age 6-9)
#3000.213	Sa	4/14-5/5	3:00-3:45 p.m. (Age 6-9)
#3000.214	Th	4/12-5/3	5:00-5:45 p.m. (Age 10-15)
#3000.215	Sa	4/14-5/5	3:45-4:30 p.m. (Age 10-15)
#3000.216	Th	4/12-5/3	5:45-6:30 p.m. (Age 16+)
#3000.217	Sa	4/14-5/5	4:30-5:15 p.m. (Age 16+)

## UKULELE JAM

Play Ukulele and have fun! You will work on chords, sing, and learn songs. Perfect for the whole family. You will need to bring your own ukulele. **There will be a \$20 material fee due to the instructor which will include a music book and CD/DVD.**

Instructor: FVM Staff

Age: 8-Adult

Fee: \$30 (+ material fee)

Length: 4 wks

Location: Fountain Valley Music

Min: 5 Max: 20

#3000.218	F	4/13-5/4	6:00-6:30 p.m.
#3000.219	Sa	4/14-5/5	10:30-11:00 a.m.
#3000.220	Su	4/15-5/6	4:00-4:30 p.m.

## PIANO IS FUN – FOR CHILDREN!

In this popular introductory keyboard class, students cover all the basics of music through learning the piano, such as theory, reading, playing by ear, and creativity. Students have fun playing songs on REAL quality pianos! Recitals and State Examinations are offered to all qualified students. **All introductory beginning materials are included FREE!**

Instructor: Dr. Robert Rios and staff

Age: 4 -10 yrs

Fee: \$40

Length: 4 wks

Location: Piano Place Music and Arts Center

Min: 5 Max: 9

### Age 4-6:

#3000.221	Th	4/5-4/26	5:00-5:45 p.m.
#3000.222	Sa	4/7-4/28	9:45-10:30 a.m.
#3000.223	Th	5/3-5/24	5:00-5:45 p.m.
#3000.224	Sa	5/5-5/26	9:45-10:30 a.m.
#3000.225	Th	5/31-6/21	5:00-5:45 p.m.
#3000.226	Sa	6/2-6/23	9:45-10:30 a.m.

### Age 7-10:

#3000.227	Th	4/5-4/26	5:45-6:30 p.m.
#3000.228	Sa	4/7-4/28	11:30 a.m.-12:15 p.m.
#3000.229	Th	5/3-5/24	5:45-6:30 p.m.
#3000.230	Sa	5/5-5/26	11:30 a.m.-12:15 p.m.
#3000.231	Th	5/31-6/21	5:45-6:30 p.m.
#3000.232	Sa	6/2-6/23	11:30 a.m.-12:15 p.m.

## PIANO IS FUN – FOR TEENS AND PRE-TEENS!

Students are introduced to reading music, creating songs, and playing the piano by ear in this fun and easy class. Students love learning together as a class, playing folk, original, and popular songs, and preparing themselves for their first teen rock group! **All introductory beginning materials are included FREE!**

Instructor: Dr. Robert Rios and staff

Age: 11-17 yrs

Fee: \$40

Length: 4 wks

Location: Piano Place Music and Arts Center

Min: 5 Max: 9

#3000.233	Th	4/5-4/26	6:30-7:15 p.m.
#3000.234	Sa	4/7-4/28	4:45-5:30 p.m.
#3000.235	Th	5/3-5/24	6:30-7:15 p.m.
#3000.236	Sa	5/5-5/26	4:45-5:30 p.m.
#3000.237	Th	5/31-6/21	6:30-7:15 p.m.
#3000.238	Sa	6/2-6/23	4:45-5:30 p.m.

## PIANO IS FUN – FOR ADULTS AND SENIORS!

Play those favorite songs at the piano that you've always loved (it's never too late)! You'll learn how to read music, play by ear, and have fun playing as a group. No practice or keyboard is required to take this class; just show up and try your hand(s) at it! **A \$10 material fee will be due to the instructor.**

Instructor: Dr. Robert Rios and Staff Age: 18+ yrs  
 Fee: \$40 (+material fee) Length: 4 wks  
 Location: Piano Place Music and Min: 5 Max: 9  
 Arts Center

#3000.239	Th	4/5-4/26	7:15-8:00 p.m.
#3000.240	Th	5/3-5/24	7:15-8:00 p.m.
#3000.241	Th	5/31-6/21	7:15-8:00 p.m.

## GUITAR IS FUN – FOR CHILDREN, TEENS, AND ADULTS!

Students enjoy playing and creating songs in this popular class, using single notes and chords. Reading staff notation and tablature, basic music theory and playing by ear are covered. Playing in a group prepares students for playing in their own future band! **A \$10 material fee will be due to the instructor. Students must bring their own guitar.**

Instructor: Piano Place MAC Staff Age: 6+ yrs  
 Fee: \$40 (+material fee) Length: 4 wks  
 Location: Piano Place Music and Min: 5 Max: 8  
 Arts Center

### Age 6-10:

#3000.242	F	4/6-4/27	4:15-5:00 p.m.
#3000.243	F	5/4-5/25	4:15-5:00 p.m.
#3000.244	F	6/1-6/22	4:15-5:00 p.m.

### Age 11+:

#3000.245	Sa	4/7-4/28	10:30-11:15 a.m.
#3000.246	Sa	5/5-5/26	10:30-11:15 a.m.
#2000.247	Sa	6/2-6/23	10:30-11:15 a.m.



## SINGING IS FUN – FOR CHILDREN and TEENS!

Proper vocal technic, intonation, and style are taught in this fun class, where musical numbers really come to life. Theory and notation are also covered, preparing students to sing some of those great hit songs that they really like! **A \$20 material fee (which includes a book and CD) will be due to the instructor.**

Instructor: Piano Place MAC Staff Age: 7-17 yrs  
 Fee: \$40 (+ material fee) Length: 4 wks  
 Location: Piano Place Music and Min: 5 Max: 8  
 Arts Center

#3000.248	M	4/2-4/23	5:00-5:45 p.m.
#3000.249	M	4/30-5/21	5:00-5:45 p.m.
#3000.250	M	5/28-6/18	5:00-5:45 p.m.

Class Cancelled





## DRUMMING IS FUN – FOR CHILDREN AND TEENS!

In this exciting class, students have fun learning the basics of drum technic. Using drum pads and/or snare drums, different rhythms, coordination, and notation are covered. Making music together, students prepare themselves for their future drum set! Students must bring their own sticks as well as a drum pad and/or snare drum. **A material fee of \$10 will be due to the instructor.**

Instructor: Piano Place MAC Staff		Age: 6-17 yrs	
Fee: \$40 (+ material fee)		Length: 4 wks	
Location: Piano Place Music and Arts Center		Min: 3 Max: 6	
#3000.251	Tu	4/3-4/24	5:00-5:45 p.m.
#3000.252	Tu	5/1-5/22	5:00-5:45 p.m.
#3000.253	Tu	5/29-6/19	5:00-5:45 p.m.

## VIOLIN IS FUN – FOR CHILDREN AND TEENS!

This class teaches the basics of the violin: intonation, technic, and bowing. In addition, some basic music theory and reading skills are taught. Students enjoy learning in small groups, where they can make or create ensemble music together, preparing themselves for playing in their first orchestra! **A material fee of \$10 will be due to the instructor. Students must provide their own violin.**

Instructor: Piano Place MAC Staff			Age: 6-17 yrs
Fee: \$40 (+ material fee)			Length: 4 wks
Location: Piano Place Music and Arts Center			Min: 3 Max: 6
<b>Age 6-10:</b>			
#3000.254	Th	4/5-4/26	5:00-5:45 p.m.
#3000.255	Th	5/3-5/24	5:00-5:45 p.m.
#3000.256	Th	5/31-6/21	5:00-5:45 p.m.
<b>Age 11-17:</b>			
#3000.257	Th	4/5-4/26	5:45-6:30 p.m.
#3000.258	Th	5/3-5/24	5:45-6:30 p.m.
#3000.259	Th	5/31-6/21	5:45-6:30 p.m.

## Special Interest

### YOU'RE ON THE AIR...HOW TO REALLY MAKE IT IN VOICE-OVERS!

Voice-overs are hot today! You'll learn about an exciting, new way to get around the competition and actually turn voice-overs into a thriving full or part-time business! Learn about the numerous opportunities, income potential, and "demos". Step up to the mic and hear the results!

Instructor: Anne Ganguzza		Age: 18+ yrs	
Fee: \$30		Length: 1 day	
Location: WCSB Craft Room		Min: 4 Max: 40	
#4000.201	Th	5/10/12	7:00-9:00 p.m.

*Producer/Coach Anne Ganguzza has an enthusiastic, energetic, and fun personality that makes working with her a joy. She has 17 years of teaching experience and has voiced hundreds of commercials, corporate narrations, infomercials, audiobooks, and much more. Her combination of initiative and drive will help you reach your voice over goals.*

### CPR FOR ADULTS, INFANTS, AND CHILDREN

This class is designed to teach both the average person and professional how to initially respond to cardiac or respiratory arrest. Learn simple rescue CPR for adults, children and infants, as well as, foreign object removal techniques for airways. You will receive your certification upon completion of the class. **A \$20 material fee is payable to the instructor at class.**

Instructor: Jack Griswold		Age: 12+ years	
Fee: \$10 (+ material fee)		Length: 1 day	
Location: WCSB Room A/B		Min: 8 Max: 20	
#4000.202	M	4/9/12	6:00-10:00 p.m.
#4000.203	Sa	4/28/12	8:00-11:00 a.m.
#4000.204	Th	5/10/12	6:00-10:00 p.m.
#4000.205	Sa	6/2/12	8:00-11:00 a.m.

## FIRST AID

Learn to respond to and assess an injury or illness. Topics covered include vital signs, bleeding, heat and cold emergencies, strokes, and seizures. You will receive a state and nationally recognized EMS first aid card and certification. **A \$20 material fee is payable to the instructor at class.**

Instructor: Jack Griswold Age: 12+ years  
 Fee: \$10 (+ material fee) Length: 1 day  
 Location: WCSB Room A/B Min: 8 Max: 20

#4000.206	Sa	4/28/12	11:00 a.m.-2:00 p.m.
#4000.207	Th	5/24/12	6:00-10:00 p.m.
#4000.208	Sa	6/2/12	11:00 a.m.-2:00 p.m.

## BECOME SLENDER WITH HYPNOSIS

Using hypnosis to **change** the habits and behaviors that have led to weight problems is safe and comfortable. Many people find that by using the **natural** power of their own mind they are able to create **success** and **satisfaction** with surprising ease, without dieting or deprivation. **An accompanying CD is recommended and available in class for \$13.** Pillow/blanket/mat optional.

Instructor: Pamela J. Schmidt, M.S., C.C.H. Age: Adult  
 Fee: \$46 (+ material fee) Length: 4 wks  
 Location: WCSB Room A/B Min: 8 Max: 20

#4000.209	M	4/16-5/7	7:30-9:00 p.m.
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## BECOME A NON-SMOKER WITH HYPNOSIS

If you are committed to claiming your **freedom** to be a nonsmoker, hypnosis is one of the easiest, most **natural** ways to accomplish this goal. Save your breath-and your money-and let the natural **power** of your own mind bring about this **success**. **An accompanying CD is recommended and available in class for \$13.** Pillow/blanket/mat optional.

Instructor: Pamela J. Schmidt, M.S., C.C.H. Age: Adult  
 Fee: \$24 (+ material fee) Length: 2 wks  
 Location: WCSB Room A/B Min: 8 Max: 20

#4000.210	M	5/14-5/21	7:30-9:00 p.m.
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## ONLINE DRIVER'S EDUCATION

Learn to drive – the right way!! This is an interactive, online course with videos, animated driving scenarios and sample test questions. Learn the rules of the road, major causes of traffic collisions, DMV procedures and much more. A licensed instructor is available to answer any questions. Receive DMV-approved Certificate of Completion. This class is a requirement for teens under 17 ½ years old to obtain a learner's permit and driver's license. Sign up for the month that you would like to begin the class.

Instructor: Erika Vieyra Age: 15+ yrs  
 Fee: \$49 Length: 24/7 daily access  
 Location: Online

#4000.211	Su	4/1/12	Arranged after registering
#4000.212	Tu	5/1/12	Arranged after registering
#4000.213	F	6/1/12	Arranged after registering



## PUPPY KINDERGARTEN

Geared for young puppies between two and five months of age, this course emphasizes socialization and introduces basic commands and walking on a leash. Various puppy care topics such as housebreaking, teething problems, health care pointers, etc. are discussed. Awards are presented at the last class. **The first meeting will be an orientation without dogs. First meeting will be held inside without dogs and all other meetings will be held with dogs on grass area adjacent to Senior Center. Bring vaccination records and \$10 insurance/training manual fee due to your instructor at the first meeting.**

Instructor: Khara Knight (HHDOC) Age: 10 yrs+ (Handlers)  
 Hacienda Hills Dog Obedience Club 2-5 months (Dogs)  
 Fee: \$72 (+insurance fee) Length: 6 wks

Location: H. Louis Lake Senior Center Min: 6 Max: 25  
 11300 Stanford (between 9<sup>th</sup> & Euclid) in Garden Grove

#4000.214	Sa	3/31-5/5	8:30-9:30 a.m.
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## DOG OBEDIENCE TRAINING

This beginner-level course is open to all breeds of dogs over 5 months (larger breeds accepted at 4 months). Exercises will include proper heel command, automatic sit, sit-stay and down-stay, stand for inspection, and come commands. Behavior problems such as destructive chewing, hole digging, and over-exuberance will also be addressed. Trophies and certificates will be awarded at graduation. **The first meeting will be an orientation without dogs. First meeting will be held inside without dogs and all other meetings will be held with dogs on grass area adjacent to Senior Center. Bring vaccination records and \$10 insurance/training manual fee due to your instructor at the first meeting.**

Instructor: Khara Knight      Age: 10+ years (Handlers)  
Hacienda Hills Dog Obedience Club      5 months+ (Dogs)  
4 months+ (Large breeds)  
Fee: \$82 (+insurance fee)      Length: 8 weeks  
Location: H. Louis Lake Senior Center      Min: 8      Max: 25  
11300 Stanford (between 9<sup>th</sup> & Euclid) in Garden Grove  
#4000.215      Sa      3/31-5/19      9:30-10:30 a.m.

## DOG MANNERS "CRASH COURSE"

This is a 4 week, fast-paced course designed for people who need to accomplish their dog training goals and get behavior problems under control within a limited period of time. Each week new obedience skills will be introduced and preventative and corrective measures for a variety of bad habits will be discussed (e.g. sit, down on command, stay in sit or down position in presence of distractions, come when called, and controlled walking on a leash). **Pre-Register! You will be contacted regarding what to bring to the first lesson. Dogs are brought to all meetings. There will be a \$5 insurance fee due to your instructor at the first meeting.**

Instructor: Khara Knight      Age: 10+ years (Handlers)  
Hacienda Hills Dog Obedience Club      6 months+ (Dogs)  
4 months+ (Large breeds)  
Fee: \$69 (+insurance fee)      Length: 4 weeks  
Location: Bolsa Chica Park      Min: 6      Max: 20  
#4000.216      Tu      4/10-5/1      6:30-7:45 p.m.

## FUN ON THE FARM

We introduce young children to fun on the farm each week through grooming, feeding, walking, holding, crafts, puppets, and singing. Take a pony ride each week. **Parent participation is required. No unregistered siblings. There will be a \$20 material fee which includes stable fee, craft materials and carrots, due to the instructor.**

Instructor: Cheryl Skidmore & Staff      Age: 18 months-6 yrs  
Fee: \$60 (+ material fee)      Length: 4 wks  
Location: Rancho Del Rio Stables      Min: 5      Max: 15  
#4000.217      F      4/6-4/27      11:00 a.m.-12:00 p.m.  
#4000.218      F      5/4-5/25      11:00 a.m.-12:00 p.m.

## HORSE FUN FOR PRESCHOOLERS

Along with your parent you will learn how to handle horses, groom, saddle, and ride them! Wear closed toed shoes, jean pants and bike helmet! No unregistered siblings! **Parent participation required. There will be a \$20 material fee that includes stable fee, weekly material handouts, carrots and arena time, due to the instructor.**

Instructor: Cheryl Skidmore & Staff      Age: 3-6 yrs  
Fee: \$60 (+ material fee)      Length: 4 wks  
Location: Rancho Del Rio Stables      Min: 5      Max: 15  
#4000.219      Sa      4/7-4/28      1:00-2:00 p.m.  
#4000.220      Sa      5/5-5/26      1:00-2:00 p.m.



## HORSE FUN FOR KIDS

So you want to be a cowboy? Learn how to handle horses and ride them! Basic horsemanship, safety and riding are taught! **Please wear closed toed shoes, jean pants and bring a bike helmet! There will be a \$20 material fee which includes stable fee, weekly material handouts, carrots and arena time, will due to the instructor.**

Instructor: Cheryl Skidmore & Staff      Age: 7-12 yrs  
Fee: \$60 (+ material fee)      Length: 4 wks  
Location: Rancho Del Rio Stables      Min: 5      Max: 15  
#4000.221      Sa      4/7-4/28      2:00-3:00 p.m.  
#4000.222      Sa      5/5-5/26      2:00-3:00 p.m.



## HORSE FUN FOR ADULTS

Relive your childhood dreams! Ride horses! We will teach you how to halter, groom, horsemanship, safety and basic riding skills! **There will be a \$20 material fee due to the instructor.**

Instructor: Cheryl Skidmore & Staff Age: 13+ yrs  
 Fee: \$60 (+ material fee) Length: 4 wks  
 Location: Rancho Del Rio Stables Min: 5 Max: 15

#4000.223 Sa 4/7-4/28 3:00-4:00 p.m.  
 #4000.224 Sa 5/5-5/26 3:00-4:00 p.m.

## Sports and Fitness

### MOMMY/DADDY & ME SOCCER

Introduce yourself and your toddler to the "World's Most Popular Game"! As you and your child participate in our fun age appropriate activities, your child will be developing their large motor skills and socialization skills.

Instructor: Kidz Love Soccer Age: 2-3 ½ yrs  
 Fee: \$71 Length: 7 wks  
 Location: Fountain Valley Min: 2 Max: 10  
 Recreation Center (Field)

#5000.201 M 4/16-6/4\* 5:30-6:00 p.m.  
 \*No class on 5/28.

### TOT SOCCER

Little tykes will enjoy running and kicking just like the big kids! Encourages large motor skills development through fun soccer games and introduces small children to the group setting. Shin guards are required after the first meeting.

Instructor: Kidz Love Soccer Age: 3 ½ -4 yrs  
 Fee: \$71 Length: 7 wks  
 Location: Fountain Valley Min: 2 Max: 12  
 Recreation Center (Field)

#5000.202 M 4/16-6/4\* 6:10-6:40 p.m.  
 \*No class on 5/28.

## PRE SOCCER

Teaches the basic techniques of the game and builds self-esteem through participation and fun soccer activities. Children learn to follow instructions in a nurturing, age appropriate environment. Shin guards are required after the first meeting.

Instructor: Kidz Love Soccer Age: 4-5 yrs  
 Fee: \$71 Length: 7 wks  
 Location: Fountain Valley Min: 2 Max: 12  
 Recreation Center (Field)

#5000.203 M 4/16-6/4\* 3:10-3:45 p.m.  
 \*No class on 5/28.

## YOGALATIES

Experience the benefits of both Yoga and Pilates! Lose belly fat and strengthen your core. Through Yoga you will stretch, work on strength, and gain flexibility. Through Pilates you will lose excess fat, especially around your stomach and strengthen your core.

Instructor: Athina Rosario Age: 14+ yrs  
 Fee: \$63 Length: 8 wks  
 Location: WCSB Room A/B Min: 5 Max: 30

#5000.204 Th 4/19-6/14\* 9:30-10:30 a.m.  
 #5000.205 Tu 4/24-6/12 9:30-10:30 a.m.  
 \*No class on 5/31.

## YOGA FOR HEALTH

Work out your stress, develop more balance, and find relief doing Yoga Vinyasa. Yoga is a great form of exercise in that it helps you relax, stretches your muscles, aids in gaining or maintaining balance, helps with flexibility, and is an overall strengthening and relaxing activity. See for yourself why yoga is so helpful for a life of well-being.

Instructor: Athina Rosario Age: 14+ yrs  
 Fee: \$63/8 weeks Length: 7 or 8 wks  
 \$56 /7 weeks  
 Location: WCSB Room A/B Min: 5 Max: 30

#5000.206 Th 4/19-6/14\* 8:15-9:30 a.m. (8 weeks)  
 #5000.207 Tu 4/24-6/12 8:15-9:30 a.m. (8 weeks)  
 #5000.208 W 4/25-6/13\* 8:15-9:30 a.m. (7 weeks)  
 \*No class on 5/30 and 5/31.

## TAI CHI CHUAN FOR HEALTH

There are great benefits in doing tai chi, including feeling more rested, having more energy, and gaining balance. Tai Chi Chuan is a therapeutic and easier form of 26 moves that can be done sitting or standing.

Instructor: Athina Rosario

Age: 14+ yrs

Fee: \$63/8 weeks

Length: 7 or 8 wks

\$56/7 weeks

Location: WCSB Room A/B

Min: 5 Max: 50

#5000.209 Th 4/19-6/14\* 10:30-11:15 a.m. (8 weeks)

#5000.210 Tu 4/24-6/12 10:30-11:15 a.m. (8 weeks)

#5000.211 W 4/25-6/13\* 9:30-10:30 a.m. (7 weeks)

\*No class on 5/30 and 5/31.

## YOGA FOR SENIORS

Spring forward into meditative prop yoga. Bring a mat and socks. Do not eat a large meal before class, or drink an hour before class.

Instructor: Karla Urquidez

Age: 55+

Fee: \$55

Length: 5 wks

Location: WCSB Craft Room

Min: 3 Max: 12

#5000.212 Sa 5-12-6/16\* 8:30-9:30 a.m.

\*No class on 5/26.

## O.C. ELITE CHEER & TUMBLING

Join Orange County's National Award winning competitive cheer and tumbling organization! Beginning through advanced levels will learn the correct fundamentals of tumbling, cheerleading, dance, and stunting while increasing flexibility, strength, self-confidence, self-motivation, perseverance, and teamwork skills. Cheerleaders have the opportunity to perform in parades, community events, cheer at local football games, and compete at competitions through the year. If participants decide to join the competitive team, they will be required to purchase uniforms for competitions in October (approximately \$250); however, fundraising opportunities will be available to help defray the cost.

Instructor: Brooke McComb & Staff

Age: 7-15 yrs

Fee: \$50 (+ uniform cost)

Length: 4 wks

Location: WCSB East/West Room

Min: 6 Max: 25

#5000.213 M 4/9-4/30 5:45-7:15 p.m.

#5000.214 M 5/7-6/4\* 5:45-7:15 p.m.

\*No class on 5/28.

## PARENT & ME ICE SKATING

What a great opportunity to bond with your child as you both learn to skate in a fun and relaxed atmosphere. One parent and one child per class. Includes skate rental, 30-minute lesson, free practice on the day of class (3:10-4:40 p.m. for Tuesday class and 12:00-2:00 p.m. for Saturday class), and three additional skating passes to be used during the 4-week session. **Please arrive 15 minutes early to the 1<sup>st</sup> class and dress warm.**

Instructor: Westminster Ice Arena Staff

Age 3-5 yrs

Fee: \$37

Length: 4 wks

Location: Westminster ICE

Min: 1 Max: 8

#5000.215 Tu 4/3-5/1\* 4:10-4:40 p.m.

#5000.216 Sa 4/14-5/5 11:15-11:45 a.m.

#5000.217 Tu 5/8-6/5\* 4:10-4:40 p.m.

#5000.218 Sa 5/12-6/9\* 11:15-11:45 a.m.

\*No class on 4/10, 5/26, and 5/29.



## ICE SKATING FOR TOTS

Beginning ice skating made fun and easy. Your skater will have a smile on their face when he/she learns how to march, glide, hop and wiggle backwards on the ice. Includes skate rental, 30-minute lesson, free practice on day of class (3:00-5:00 p.m. for Wednesday class and 12:00-2:00 p.m. for Saturday class), and three additional skating passes to be used during the 4-week session. Please arrive 15 minutes early to the 1<sup>st</sup> class and dress warm.

Instructor: Westminster Ice Arena Staff

Age: 3-5 yrs

Fee: \$37

Length: 4 wks

Location: Westminster ICE

Min: 1 Max: 8

#5000.219 W 4/4-5/2\* 5:10-5:40 p.m.

#5000.220 Sa 4/14-5/5 10:45-11:15 a.m.

#5000.221 W 5/9-6/6\* 5:10-5:40 p.m.

#5000.222 Sa 5/12-6/9\* 10:45-11:15 a.m.

\*No class on 4/11, 5/26, and 5/30.



## BEGINNING ICE SKATING

Enjoy the Winter Olympics' most beautiful sport-Figure Skating. Learn to skate across the ice forward and backward, stop, hop, spin, and more! Includes skate rental, 30-minute lesson, free practice on day of class (3:00-4:30 p.m. for Wednesday class and 12:00-2:00 p.m. for Saturday class), and three additional skating passes to be used during the 4-week session. **Please arrive 15 minutes early to the 1<sup>st</sup> class and dress warm.**

Instructor: Westminster Ice Arena Staff Age: 6-16 yrs  
 Fee: \$37 Length: 4 wks  
 Location: Westminster ICE Min: 1 Max: 12

#5000.223	W	4/4-5/2*	4:30-5:00 p.m.
#5000.224	Sa	4/14-5/5	11:15-11:45 a.m.
#5000.225	W	5/9-6/6*	4:30-5:00 p.m.
#5000.226	Sa	5/12-6/9*	11:15-11:45 a.m.

\*No class on 4/11, 5/26, and 5/30.

## BEGINNING ICE SKATING FOR ADULTS

Learn to skate across the ice forward and backward, stop, hop, spin, and more! Includes skate rental, 30-minute lesson, free practice on day of class (6:40-7:10 p.m.) and three additional skating passes to be used during the 4-week session. **Please arrive 15 minutes early to the 1<sup>st</sup> class and dress warm.**

Instructor: Westminster Ice Arena Staff Age: 17+ years  
 Fee: \$37 Length: 4 wks  
 Location: Westminster ICE Min: 1 Max: 12

#5000.227	W	4/4-5/2*	6:10-6:40 p.m.
#5000.228	W	5/9-6/6*	6:10-6:40 p.m.

\*No class on 4/11 and 5/30.

## ICE HOCKEY SKATING SKILLS

Want to play hockey but don't know where to start? Learn basic skating skills necessary for hockey including forward and backward skating, stopping, and turning. Pucks and sticks are not used during this class. Includes skate rental, 30-minute lesson, free practice on day of class (3:00-5:00 p.m. for Wednesday class and 12:00-2:00 p.m. for Saturday class), and three additional skating passes to be used during the 4-week session. **Please arrive 15 minutes early to the 1<sup>st</sup> class and dress warm.**

Instructor: Westminster Ice Arena Staff Age: 6-16 yrs  
 Fee: \$37 Length: 4 wks  
 Location: Westminster ICE Min: 1 Max: 12

#5000.229	W	4/4-5/2*	6:10-6:40 p.m.
#5000.230	Sa	4/14-5/5	10:45-11:15 a.m.
#5000.231	W	5/9-6/6*	6:10-6:40 p.m.
#5000.232	Sa	5/12-6/9*	10:45-11:15 a.m.

\*No class on 4/11, 5/26, and 5/30.



## GYMNASTICS - PARENT-N-ME

Parents are coaches too! Enjoy participating in your child's motor development and bond while having fun. Activities include balance and basic tumbling development, flexibility and strength skills using our various mats and equipment including low beam, foam pit, mini-bars, tumble-trak and trampoline.

Instructor: New Hope Gymnastics Staff Age: 1 ½ -3 yrs  
 Fee: \$115 Length: 8 wks  
 Location: New Hope Academy Gymnastics Min: 4 Max: 10

#5000.233	Tu	4/17-6/5	10:30-11:30 a.m.
#5000.234	Tu	4/17-6/5	5:30-6:30 p.m.
#5000.235	Sa	4/21-6/9	11:30 a.m.-12:30 p.m.



## GYMNASTICS INTRO TO PARKOUR

Parkour-street gymnastics is an EXCITING, FUN gateway to heightened motor development and increased physical, emotional and social confidence. "Free-running" skills (flipping, tumbling, and vaulting) are taught in our state-of-the-art facility using obstacle courses. Strength flexibility leads to overall fitness and translate well to other sports.

Instructor: New Hope Gymnastics Staff      Age: 8-14 yrs  
 Fee: \$115      Length: 8 wks  
 Location: New Hope Academy Gymnastics      Min: 4 Max: 8  
**#5000.236      W      4/18-6/6      7:00-8:00 p.m.**

## GYMNASTICS TOT PLAYTIME

Enjoy an hour of non-instructed fun-bouncing, balancing, rolling, laughing, and bonding with your child. Our safe, stimulated facility provides for consistent playtime regardless of weather. A helpful coach and all equipment are available for your enjoyment including a foam pit and trampolines.

Instructor: New Hope Gymnastics Staff      Age: 1 ½ -6 yrs  
 Fee: \$55      Length: 8 wks  
 Location: New Hope Academy Gymnastics      Min: 4 Max: 8  
**#5000.237      M      4/2-6/4\*      10:00-11:00 a.m.**

\*No class on 4/9 and 5/28.

## GYMNASTICS BEGINNING CO-ED

Our Beginning Gymnastics program promotes physical, emotional and social confidence as well as heightened motor development. Gymnastics skills, flexibility and strength are taught via a variety of fun activities using our various equipment including mats, low beam, foam pit, mini bars, tumble-trak and trampoline.

Instructor: New Hope Gymnastics Staff      Age: 3-6 yrs  
 Fee: \$115      Length: 8 wks  
 Location: New Hope Academy Gymnastics      Min: 4 Max: 8  
**#5000.238      M      4/2-6/4\*      10:00-11:00 a.m.**  
**#5000.239      Tu      4/17-6/5      6:30-7:30 p.m.**  
**#5000.240      Sa      4/21-6/9      6:30-7:30 p.m.**

\*No classes on 4/9 and 5/28.

## GYMNASTICS – LEVEL 1 GIRLS and BOYS

Gymnastics is a FUN gateway to heightened motor development and increased physical, emotional and social confidence. Basic gymnastics skills, flexibility and strength-taught using our state-of-the-art equipment including bars, beams, foam pit and trampolines-can lead to higher level training or translate to other sports.

Instructor: New Hope Gymnastics Staff      Age: 5-10 yrs  
 Fee: \$165      Length: 8 wks  
 Location: New Hope Academy Gymnastics      Min: 4 Max: 8

### Level 1 Girls:

**#5000.241      F      4/20-6/8      3:30-5:00 p.m.**  
**#5000.242      F      4/20-6/8      5:00-6:30 p.m.**  
**#5000.243      Sa      4/21-6/9      9:00-10:30 a.m.**  
**#5000.244      Sa      4/21-6/9      10:30 a.m.-12:00 p.m.**

### Level 1 Boys:

**#5000.245      M      4/2-6/4\*      5:00-6:30 p.m.**

\*No class on 4/9 and 5/28.

## KIDDIE KARATE

Learn basic techniques and principles emphasizing the three "C's": coordination, confidence, and concentration. Wear loose clothing. Parents should remain outside classroom.

Instructor: Gary Pitts      Age: 3-6 yrs  
 Fee: \$30      Length: 4 wks  
 Location: WCSB East/West Room      Min: 6 Max: 28  
**#5000.246      Th      4/12-5/3      5:00-5:30 p.m.**  
**#5000.247      Th      5/10-5/31      5:00-5:30 p.m.**

## BEGINNING/ADVANCED KARATE

Continue to learn the art of self-defense. Improve coordination, confidence, respect, discipline, and sportsmanship. Progress from beginner to Black Belt under Masters 2000 Hall of Fame Inductee Gary Pitts in the Japan Federation Style, "Shito-Ryu". Parents should remain outside classroom.

Instructor: Gary Pitts      Age: 7+ yrs  
 Fee: \$35      Length: 4 wks  
 Location: WCSB East/West Room      Min: 6 Max: 28  
**5000.248      Th      4/12-5/3      5:30-6:00 p.m.**  
**5000.249      Th      5/10-5/31      5:30-6:00 p.m.**

## ADULT KARATE

Learn the art of self-defense. Improve coordination, confidence, respect, discipline, and sportsmanship. Progress from beginner to Black Belt under Masters 2000 Hall of Fame Inductee Gary Pitts in the Japan Federation Style, "Shito-Ryu".

Instructor: Gary Pitts      Age: 16+ yrs  
 Fee: \$45      Length: 4 wks  
 Location: WCSB East/West Room      Min: 6 Max: 28

#5000.250	Th	4/12-5/3	6:00-6:45 p.m.
#5000.251	Th	5/10-5/31	6:00-6:45 p.m.

## LITTLE STARS TAEKWONDO

Taekwondo will teach the kids characteristics that enforce honor, integrity, self-control, goals, courtesy, loyalty and assertiveness training. Students will also learn basic kicking techniques, basic punches, blocks, basic self-defense and form training. **There will be a \$20 material fee due to the instructor for uniform.**

Instructor: Sungho Park      Age: 4-6 yrs  
 Fee: \$99 (+material fee)      Length: 9 wks  
 Location: Fivestar Taekwondo School      Min: 1 Max: 20

#5000.252	M/W	4/9-6/6	6:00-6:40 p.m.
#5000.253	Tu/Th	4/10-6/7	6:40-7:20 p.m.

## TAEKWONDO FOR KIDS

Taekwondo will teach the kids characteristics that enforce honor, integrity, self-control, goals, courtesy, loyalty and assertiveness training. Students will also learn basic kicking techniques, basic punches, blocks, basic self-defense and form training. **There will be a \$20 material fee due to the instructor for uniform.**

Instructor: Sungho Park      Age: 7-12 yrs  
 Fee: \$99 (+material fee)      Length: 9 wks  
 Location: Fivestar Taekwondo School      Min: 1 Max: 20

#5000.254	M/W	4/9-6/6	6:40-7:20 p.m.
#5000.255	Tu/Th	4/10-6/7	6:00-6:40 p.m.

## TAEKWONDO FOR TEENS AND ADULTS

The goal of Taekwondo training is not about learning how to fight, but learning a way of living through building self-defense. Taekwondo's foundation is to improve the inner self through physical, mental, and spiritual discipline to achieve the highest form of character. Learn to defend and develop self-confidence. **There will be a \$20 material fee due to the instructor for uniform.**

Instructor: Sungho Park      Age: 13+ yrs  
 Fee: \$99 (+material fee)      Length: 9 wks  
 Location: Fivestar Taekwondo School      Min: 1 Max: 20

#5000.256	Tu/Th	4/10-6/7	7:30-8:20 p.m.
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## SHORINJI KEMPO MARTIAL ARTS for Adults

Shorinji Kempo is a martial art that teaches people to be peaceful, improve their minds, promote good health and is a means of protecting oneself. Rather than always focusing on physical strength, Shorinji Kempo also improves the character of the person through the study of: Japanese language, punches, kicks, escapes, and philosophy. For questions about the class, feel free to email the instructor at [Pankaj.rastogi@panasonic.aero](mailto:Pankaj.rastogi@panasonic.aero) or call 714-585-2162 or 949-510-1569. **We are an official 501c3 Non-Profit Organization (27-3455471) for the betterment of the community.**

Instructor: Pankaj Rastogi      Age: 18+ yrs  
 Fee: \$35      Length: 1 month  
 Location: Carden Conservatory      Min: 1 Max: 35

#5000.257	M/Th	4/9-5/3	7:30-9:00 p.m.
#5000.258	M/Th	5/7-6/4*	7:30-9:00 p.m.

\*No class on 5/28.

**Parks  
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 Life  
 Better!** SAN

## SHORINJI KEMPO MARTIAL ARTS for Kids and Teens

Shorinji Kempo is a martial art that teaches people to be peaceful, improve their minds, promote good health and is a means of protecting oneself. Rather than always focusing on physical strength, Shorinji Kempo also improves the character of the person through the study of: Japanese language, punches, kicks, escapes, and philosophy. For questions about the class, feel free to email the instructor at [Pankaj.rastogi@panasonic.aero](mailto:Pankaj.rastogi@panasonic.aero) or call 714-585-2162 or 949-510-1569. **We are an official 501c3 Non-Profit Organization (27-3455471) for the betterment of the community.**

Instructor: Pankaj Rastogi Age: 5-17 yrs  
 Fee: \$35 Length: 1 month  
 Location: Carden Conservatory Min: 1 Max: 35

#5000.259	M/Th	4/9-5/3	6:30-7:30 p.m.
#5000.260	M/Th	5/7-6/4*	6:30-7:30 p.m.

\*No class on 5/28.

## JUDO~JUST FOR KIDS

An introductory class that focuses on the way of Judo by building the child's skills physically, mentally, and spiritually. This pertains to tumbling and falling drills, basic judo techniques and terminology, and learning self discipline. Included in the techniques are Judo throwing and controlling techniques.

Instructor: Tu Nguyen Age: 5-12 years  
 Fee: \$85 Length: 4 weeks  
 Location: WCSB Room A/B Min: 3 Max: 15

#5000.261	Tu/W/F	4/24-5/18	6:00-7:30 p.m.
#5000.262	Tu/W/F	5/22-6/15*	6:00-7:30 p.m.

\*No class on 5/25.

## COMPETITIVE JUDO~ BIG KIDS & ADULTS

This class is designed for all levels to learn the competitive aspects of Judo. This class focuses on training for a competition and the self defense aspects of Judo. Learn how to lose weight, increase your strength, quickness, coordination and flexibility while learning one of Japan's most prominent martial art! This class includes Judo throwing (tachi waza), choking (shime waza), and joint manipulation (kansetsu waza) techniques.

Instructor: Tu Nguyen Age: 13+ yrs  
 Fee: \$85 Length: 4 wks  
 Location: WCSB Room A/B Min: 3 Max: 15

#5000.263	Tu/W/F	4/24-5/18	7:30-9:00 p.m.
#5000.264	Tu/W/F	5/22-6/15*	7:30-9:00 p.m.

\*No class on 5/25.

## MUAYTHAI (KICKBOXING)

Intro to Muay Thai will teach basic kick boxing techniques, help improve confidence, create responsibility, quicker reflexes, coordination, and balance. Students will need to bring hand wraps and boxing gloves. Hand wraps and gloves will also be available for purchase.

Instructor: Adrian Bio,  
 World Class MMA Boxing Age: 13-17 yrs  
 Fee: \$65 Length: 4 wks  
 Location: World Class MMA Boxing Min: 4 Max: 10

#5000.265	M-F	4/9-5/4	5:00-6:00 p.m.
#5000.266	M-F	5/7-6/4*	5:00-6:00 p.m.

\*No class on 5/28.

## INTRO TO JIU JITSU

Intro to Jiu Jitsu will cover basic Jiu Jitsu submissions, sweeps, position and defense. The class will also cover basic judo/wrestling takedown and defense.

Instructor: Felipe Fogolin,  
 World Class MMA Boxing Age: 13-17 yrs  
 Fee: \$65 Length: 4 wks  
 Location: World Class MMA Boxing Min: 4 Max: 10

#5000.267	M/W/F	4/9-5/4	4:30-6:00 p.m.
#5000.268	M/W/F	5/7-6/4*	4:30-6:00 p.m.

\*No class on 5/28.

## WCMB CARDIO/WEIGHT MANAGEMENT

This class will teach a combination of MMA techniques, conditioning and strengthening. Each student's progress will be monitored each week with body, weight, and BMI measurements. Everyone will receive an individualized diet. Students will need to bring 12 oz. gloves, 2 pieces of hand wraps, and a diet journal.

Instructor: Amanda Lujan,  
 World Class MMA Boxing Age: 17 + yrs  
 Fee: \$65 Length: 4 wks  
 Location: World Class MMA Boxing Min: 4 Max: 10

#5000.269	M/W/F	4/9-5/4	7:00-8:00 p.m.
#5000.270	M/W/F	5/7-6/4*	7:00-8:00 p.m.

\*No class on 5/28.



# Tennis

## TINYTOTENNIS

Introduce your little one to a great sport taught by Becky Recavarren, a member of the United States Professional Tennis Association. Her half hour class focuses on general motor skills development. A racquet and one unopened can of tennis balls are required.

Instructor: Becky Recavarren, USPTA Age: 4-6 yrs  
 Fee: \$35 Length: 5 wks  
 Location: Park West Park Min: 6 Max: 15

#6000.201	Tu	4/3-5/1	4:00-4:30 p.m.
#6000.202	W	4/4-5/2	4:00-4:30 p.m.
#6000.203	Th	4/5-5/3	3:30-4:00 p.m.
#6000.204	Tu	5/8-6/5	4:00-4:30 p.m.
#6000.205	W	5/9-6/6	4:00-4:30 p.m.
#6000.206	Th	5/10-6/7	3:30-4:00 p.m.



## BEGINNING JUNIORS

Taught by Becky Recavarren, a member of the United States Professional Tennis Association, your junior tennis star will learn the basics while at the same time develop a lifetime enjoyment for the sport. A racquet and one unopened can of tennis balls are required.

Instructor: Becky Recavarren, USPTA Age: 7-15 yrs  
 Fee: \$55 Length: 5 wks  
 Location: Park West Park Min: 6 Max: 15

#6000.207	Tu	4/3-5/1	4:30-5:30 p.m.
#6000.208	W	4/4-5/2	4:30-5:30 p.m.
#6000.209	Sa	4/7-5/5	8:00-9:00 a.m.
#6000.210	Tu	5/8-6/5	4:30-5:30 p.m.
#6000.211	W	5/9-6/6	4:30-5:30 p.m.
#6000.212	Sa	5/12-6/9	8:00-9:00 a.m.

## INTERMEDIATE/ADVANCED JUNIORS

Becky Recavarren, a member of the United States Professional Tennis Association, will guide your developing junior tennis player through this course which covers more advanced strokes and scoring, including drills and actual playing. A racquet and one unopened can of tennis balls are required.

Instructor: Becky Recavarren, USPTA Age: 7-15 yrs  
 Fee: \$55 Length: 5 wks  
 Location: Park West Park Min: 6 Max: 15

#6000.213	Tu	4/3-5/1	5:30-6:30 p.m.
#6000.214	W	4/4-5/2	5:30-6:30 p.m.
#6000.215	Tu	5/8-6/5	5:30-6:30 p.m.
#6000.216	W	5/9-6/6	5:30-6:30 p.m.

## BEGINNING/INTERMEDIATE ADULTS

Becky Recavarren has the skills needed to help you begin or resume your adult tennis interest. This course covers strokes and scoring, including drills, serving, forehand, backhand, and volleys. A racquet and one unopened can of tennis balls are required.

Instructor: Becky Recavarren, USPTA Age: 16 yrs to Adult  
 Fee: \$55 Length: 5 wks  
 Location: Park West Park Min: 6 Max: 15

#6000.217	Tu	4/3-5/1	6:30-7:30 p.m.
#6000.218	Sa	4/7-5/5	9:00-10:00 a.m.
#6000.219	Tu	5/8-6/5	6:30-7:30 p.m.
#6000.220	Sa	5/12-6/9	9:00-10:00 a.m.

## INTERMEDIATE/ADVANCED JR. TOURNAMENT PLAY

**Instructor permission required for this class.** Juniors will play match-play specific games, along with play-in matches.

Instructor: Becky Recavarren, USPTA Age: 10-16 yrs  
 Fee: \$55 Length: 5 wks  
 Location: Park West Park Min: 6 Max: 15

#6000.221*	Th	4/5-5/3	4:00-5:15 p.m.
#6000.222*	Th	5/10-6/7	4:00-5:15 p.m.

\*Instructor Permission Only

## Online Courses



Learn from the comfort of home with these instructor-led online courses. You can complete any of these courses at any time of the day or night.

1. To sign up for these online courses visit [www.ed2go.com/westminstr](http://www.ed2go.com/westminstr)
2. Choose the department and course you want and click on **Enroll Now**. Follow the instructions to pay and create your username and password.
3. When the course starts, return to the Online Instruction Center and click the classroom link and login with your Username and Password.

### ACCOUNTING FUNDAMENTALS

Gain a marketable new skill by learning the basics of double-entry bookkeeping, financial reporting, and more.

*Instructor:* Charlene Messier      *Length:* 6 wks  
*Fee:* \$89      *Location:* Online  
**Start Dates:** 3/21/12  
 4/18/12

### CREATING WEB PAGES

Learn the basics of HTML so you can design, create, and post your very own site on the Web.

*Instructor:* Alan Simpson      *Length:* 6 wks  
*Fee:* \$89      *Location:* Online  
**Start Dates:** 3/21/12  
 4/18/12

### INTRODUCTION TO MICROSOFT EXCEL 2010

Become proficient in using Microsoft Excel 2010 and discover dozens of shortcuts and tricks for setting up fully formatted worksheets quickly and efficiently.

*Instructor:* Chad Wambolt      *Length:* 6 wks  
*Fee:* \$89      *Location:* Online  
**Start Dates:** 3/21/12  
 4/18/12

### MEDICAL TERMINOLOGY: A WORD ASSOCIATION APPROACH

Prepare for a career in the health services industry by learning medical terminology in a memorable and enjoyable fashion.

*Instructor:* Douglas Best      *Length:* 6 wks  
*Fee:* \$89      *Location:* Online  
**Start Dates:** 3/21/12  
 4/18/12

### SPEED SPANISH

Learn six easy recipes to glue Spanish words together into sentences, and you'll be engaging in conversational Spanish in no time.

*Instructor:* Dan Mikels      *Length:* 6 wks  
*Fee:* \$89      *Location:* Online  
**Start Dates:** 3/21/12  
 4/18/12

### A TO Z GRANTWRITING

Learn how to research and develop relationships with potential funding sources, organize grantwriting campaigns, and prepare proposals.

*Instructor:* Linda Vallejo      *Length:* 6 wks  
*Fee:* \$89      *Location:* Online  
**Start Dates:** 3/21/12  
 4/18/12

### PROJECT MANAGEMENT FUNDAMENTALS

Gain the skills you'll need to succeed in the fast-growing field of project management.

*Instructor:* Tony Swaim      *Length:* 6 wks  
*Fee:* \$89      *Location:* Online  
**Start Dates:** 3/21/12  
 4/18/12

### GRAMMAR REFRESHER

Gain confidence in your ability to produce clean, grammatically correct documents and speeches.

*Instructor:* Ellen Feld      *Length:* 6 wks  
*Fee:* \$89      *Location:* Online  
**Start Dates:** 3/21/12  
 4/18/12

\*Requirements: All courses require internet access, e-mail, and Microsoft Internet Explorer or Mozilla Firefox Web browser. Some courses may have additional requirements. Please visit the Online Instruction Center for more information.

To view more than 300 online courses visit:  
[www.ed2go.com/westminstr](http://www.ed2go.com/westminstr)

# VISUAL, PERFORMING, & CULTURAL ARTS

**BLAKEY HISTORICAL PARK & MUSEUM** - Call Joy L. Neugebauer at (714) 891-2597. Blakey Park is located at 8612 Westminster Blvd., just east of Newland Street. The museum and park feature a variety of displays depicting the everyday life of persons living here during the late 19th and early 20th centuries. The Westminster Historical Society operates the park, with museum hours on the first Sunday afternoon of the month from 1:00 to 4:00 p.m. For guided tours, special arrangements can be made to accommodate your group. Students of all ages are welcome to do research at the Museum. If you would like to become a member and help preserve our common heritage for future generations, drop by the Museum or call the number listed above.

**LAS TAPATIAS FOLKLORIC DANCERS** - Call Julia Martinez at (714) 893-2784. Audiences enjoy Las Tapatias' colorful costumes and spirited Mexican dances. All ages participate. Children begin dancing at an early age, but adult performers are also welcome. Las Tapatias rehearses at the Westminster Community Services & Recreation Building, Craft Room on Wednesdays at 7:00 p.m. Call to join the group, attend a performance, or to schedule them to entertain for your event.

**VIETNAMESE CULTURAL PROGRAMS** - Call Professor Chau Van Nguyen, Program Director, at (714) 531-4907, or (714) 240-0475 (cell). Traditional Vietnamese music, song and dance are performed by multi-talented Vietnamese artists. Musicians who perform on traditional instruments, such as the monostring, two-string fiddle, bamboo flute, and other instruments, are available to entertain along with the colorful drum dancers, dragon dancers, youth, and adult choirs.

**WESTMINSTER CHORALE** - Call Robert Munn at (714) 894-5644 or (714) 496-5607. The Chorale performs a variety of music that includes patriotic, show tunes, religious, country western, jazz, and operettas. Rehearsals are held weekly on Mondays at 7:00 p.m. in the Senior Center dining room, Civic Center, 8200 Westminster Blvd. Call to find out how you can book this dynamic chorale for your event or ask about performance dates.

**WESTMINSTER COMMUNITY THEATER** - Call Rhonda at (714) 527-5546. The theater is located at 7272 Maple Street. WCT has been entertaining local audiences with live theater for over 30 years. Productions feature fine family entertainment with comedies, musicals, and plays each season. Phone Rhonda for tickets or current show information.

**NICHOLSON PIPES & DRUMS** - Call Malcolm Willis at (714) 891-9445 and ask the operator to page him. This award-winning Scottish bagpipe band marches in parades, plays at a variety of special events, holds annual concerts, takes part in regional and national competitions, and is available for bookings at any private party or public event. New musicians are welcomed into the group and quickly become part of this fantastic band. Just call Malcolm for current information on bookings, rehearsals, lessons, and performances.

**ORANGE COUNTY CHILDREN'S THEATER** - Call (714) 502-2244. This group of talented young actors, singers, dancers, and their parents has been active in the Southland area for more than 20 years. This theater organization is for children, by children, and is open to all young people ages 5 through 18. Parent involvement is required. Call now to get on their mailing list so you will not miss productions or auditions.

**ORANGE COUNTY ROSE SOCIETY** - Call Tom Cooney at (949) 362-2710 or visit our website at <http://www.websightstech.com/ocrs/>. Join this group of rose lovers and increase your knowledge of growing roses in your garden. The Orange County Rose Society (OCRS) is a group of people who grow and enjoy roses and is dedicated to fostering the enjoyment, enhancement, and education of the rose. OCRS is affiliated with the American Rose Society. OCRS holds monthly meetings on the first Thursday of each month, except for July and August. Monthly meetings include educational presentations on the care of roses. You'll also have access to have your questions answered by American Rose Society certified Consulting Rosarians.

**ROSE CENTER FOUNDATION** - The Rose Center Foundation is a non-profit organization that administratively operates the beautiful, new, 419 seat Rose Center Theater located within the Westminster Rose Center at 14140 All American Way. State-of-the-art performances are held in the theater throughout the year. To contact the Rose Center for information please call Mayor Margie L. Rice at: 714-548-3183 or 714-893-1732. For event and ticket information, please call the theater Box Office at 714-793-1150. [www.rosecentertheater.com](http://www.rosecentertheater.com)

**WESTMINSTER TOASTMASTERS** - Call William "Bill" or Carol Ostashay at (714) 897-2737. Join this group of orators and become a professional speaker. Whether already a skilled professional, a leader-in-training, or even a parent who wants to improve his/her speaking skills, this organization can help you learn how to relax, plan, and present your ideas more professionally. A member organization of Toastmasters International, members compete and perform at various functions.





## COMMISSION ON AGING

Vince Agor, Chairperson  
 Leonor Barajas  
 Owen Eames  
 Phil Hodgetts  
 Leo Lopez  
 Linh Nguyen  
 Erwin Vysma  
 Ron Hamamura, Alternate  
 Joan Germany, Alternate

The Westminster Senior Center is a focal point for seniors, offering an array of services and activities. Listed below are the types of services offered. If you desire additional information, please call the Senior Center at (714) 895-2878, Monday – Thursday, 7:30 a.m. – 5:30 p.m., and Fridays 7:30 a.m. – 4:30 p.m., and alternate Fridays 8:00 a.m. – 1:00 p.m.

### The Westminster Senior Center offers a variety of services such as:

- Blood Pressure Testing
- Commodities Distribution
- Home Meals
- Information and Referrals
- Free Legal Services
- Westminster on Wheels (WOW) Nutrition & Shuttle Transportation
- Health Screening
- H.I.C.A.P (Health Insurance Counseling and Advocacy Program)

For more information on any of these services, please visit our website at [www.westminster-ca.gov](http://www.westminster-ca.gov), go to City Departments, Community Services, and click on Senior Services, or call the Senior Center at 714-895-2878.

## SENIOR FITNESS

Join one of the following weekly exercise classes, designed specifically for older adults.

Adult Fitness	Monday	10:00 a.m.
Adult Fitness	Wednesday	10:00 a.m.
Beginning Adult Fitness	Monday & Wednesday	12:30 p.m.
Balance & Mobility	Monday & Wednesday	9:00 a.m.
Longevity Stick	Monday & Thursday	9:00 a.m.
Tai Chi	Friday	8:30 a.m.

The Following classes are fee-based and require advanced registration through Huntington Beach Adult School. Please call 714-901-8106 ext. 4405 for registration information.

Intro to Dance Aerobics	Monday	1:30 p.m.
Dance Aerobics 2	Thursday	9:00 a.m.
Dance Aerobics 2/3	Thursday	3:00 p.m.
Dance Aerobics 3	Thursday	10:30 a.m.
Dance Aerobics 4	Tuesday & Thursday	12:45 p.m.
Stretch & Flex	Tuesday	9:30 a.m.
Low Impact Aerobics	Tuesday	10:45 a.m.

## Adult Public Health Nursing Services (APHNS)

These short seminars are held on Wednesdays at 11:00 a.m. They are free & informative.

April 4	Vision As We Age
May 2	Diverticulosis
June 6	Care Giving Issues

## Diabetes Education and Support Group (APHNS)

Facilitated by Jane Herin, R.N., certified diabetes educator. The group meets the 3<sup>rd</sup> Wednesday of each month from 12:30 p.m. to 2:00 p.m. Everyone is welcome to attend. Current topics to be discussed are:

April 18	How Does Your Doctor Decide Your Diabetes Treatment?
May 16	Gastroparesis
June 20	Group Exercise
July 18	Weight Management

## Life Story Writing

Join this Life Story Writing group to get ideas, stimulation and inspiration from each other as we share our stories. Using cartoons, articles, proverbs, poems and historic news events will help us remember our life experiences in discussion and writing. ALL NEW TOPICS. Old and new members are welcome. Meetings begin Monday, April 16 through June 11 (No class on May 28), 12:30 to 2:00 p.m. NO CHARGE. Call Nancy at 714-832-2888 for more information. Facilitator: Nancy Sink, MSG

## Programs and Classes

### DAILY DINING

Try our hot meals offered Monday through Friday in our Senior Center Dining Room. If you are 60 years or older (or married to someone who is), the suggested donation is only \$2.50 for the hot lunch. No reservation is necessary, but come early to assure a place! Serving time is 11:45 a.m. Pick up a "Senior Spotlight" for only 50 cents at the Senior Center for the month's menu, which is also on the city's website.

### SAFETY DRIVING PROGRAM

This AARP sponsored refresher course for drivers is taught by a trained instructor. Class meets for 8 hours over a 2-day period, from 8:30 a.m. to 12:30 p.m.. **The fee is \$12 per person if you are a member of AARP and \$14 per person if you are not a member.** Registration is required. Please make checks payable to AARP. Classes will be held on the following dates:

April 12 and 13  
June 14 and 15  
August 9 and 10

### We Offer Many More Senior Programs & Classes Such As:

- Crocheting and Knitting
- Balance & Mobility
- Bridge Club
- Mah Jongg
- Longevity Stick
- Dinner Group
- Chess Club
- Sudoku

For more information on any of these programs, please visit our website at [www.westminster-ca.gov](http://www.westminster-ca.gov), go to City Departments, Community Services, and click on Senior Services, or call the Senior Center at 714-895-2878.

### FREE MOVIE FRIDAYS!

Every Friday at 9:15 a.m. a movie is shown. There is no charge for the screening. The "Senior Spotlight" lists the movies monthly.

## WESTMINSTER SENIOR CENTER FOUNDATION

The Westminster Senior Center Foundation (WSCF) was incorporated in December 2002. The Foundation's mission is "To engage in charitable activities and to assist (both financially and otherwise) the Westminster Senior Center and its programs."

### TRIPS AND EXCURSIONS

Call the Senior Center or stop by for specific trip details. Day trips and overnight trips are offered. Prices for overnight trips are based on double occupancy. A few single rooms may be available at a higher rate. Note: Prices on all excursions are approximate and may vary. Trips fill quickly. Sign up early at the Reception Desk to reserve your spot.

The following excursions are being planned for your enjoyment:

Santa Anita Races	April 12	\$50 p/p
Laughlin-Riverside	April 23-25	\$114/single \$94/double
Mysteries & Scandals Tour	May 9	\$83 p/p
Pala Casino	May 22	\$19 p/p
Harrah's Casino	June 5	\$15 p/p
Newport Harbor Cruise & Roger's Garden w/Lunch	June 21	\$69 p/p
Pageant of the Masters	July 11	\$57 p/p
Pechanga Casino	July 25	\$32 p/p
Yellowstone	July 26-Aug 1	\$2,499/ single \$1,999/double
Laughlin Luau	August 20-22	\$115/single \$95/double

### VOLUNTEERS ARE NEEDED!

If you are interested in volunteering, please call Claire Hutchinson at (714) 895-2878.

Parks  
Make  
Life  
Better! <sup>SM</sup>

# Support your City

**Shop Local  
Shop Westminster—  
It makes Sense!**

*Every time you shop in Westminster, one cent of every dollar you spend goes straight to your city's public services including your Police Department! Why spend your dollars anywhere else?*



1. **Protect Local Character and Prosperity**—Westminster is unlike any other city in the world. By choosing to support locally owned businesses, you help maintain Westminster's diversity and authenticity.
2. **Community Well-Being**—Locally owned businesses build strong neighborhoods by sustaining communities, linking neighbors, and by contributing more to local causes.
3. **Local Decision Making**—Local ownership means that important decisions are made locally by people who live in the community and who will feel the impacts of those decisions.
4. **Keeping Dollars in the Local Economy**—Your dollars spent in locally-owned businesses have three times the impact on your community as dollars spent at national chains. When shopping locally, you simultaneously create jobs, fund more city services through sales tax, invest in neighborhood improvement and promote community development.
5. **Entrepreneurship**—Entrepreneurship fuels Westminster's economic innovation and prosperity, and serves as a key means to upward mobility. Locally owned businesses also create more jobs locally and provide better wages.

**Next time you buy a car, a television, or bag of groceries, make sure you do it in Westminster.**





## WESTMINSTER YOUTH COMMITTEE

The Westminster Youth Committee addresses the needs of the City's young people through volunteering, while promoting a sense of civic pride. Organizing and implementing youth-focused programs and volunteering their time to established city programs and events, the current members offer unique and diversified perspectives.

For more information on the Westminster Youth Committee, please visit the City's website at [www.westminster-ca.gov](http://www.westminster-ca.gov), or call the Community Services and Recreation Department at 714.895.2860. And be sure to check us out on Facebook.

### 2012 Youth Committee

Charlene Tran, Chairperson, La Quinta High School

Krystal Lam, Vice-Chairperson,  
Westminster High School

Kim Huynh, Westminster High School

John Ngo, Fountain Valley High School

Shirene Shoushtarzadeh, Marina High School

Kyle Nguyen, La Quinta High School

Shanda Nguyen, La Quinta High School

Vincent Nguyen, La Quinta High School

Linda Pho, Westminster High School

Vivian Tran, 1st Alternate, Westminster High School

Robin Nguyen, 2nd Alternate, Fountain Valley High School

Jennifer Ngo, 3rd Alternate, Marina High School

## WATER CUSTOMER SERVICE

For water billing, charges, turn-on or turn-off services call (714) 894-3796.

For water main breaks, leaks, quality, or pressure problems call (714) 895-2876, 6:30 a.m. to 5 p.m.

After business hours water emergencies call the Westminster Police Department (714) 898-3315.

## Water Conservation Ordinance

Water Conservation Ordinance No. 2449 adopted in May 2009 outlines the permanent water restrictions below.

- No outdoor watering between the hours:
- 9 a.m. – 5 p.m. October - May
- 8 a.m. – 6 p.m. June – September
- Water no longer than 15 minutes per irrigation station per day
- No excessive water run-off
- No washing down hard or paved surfaces
- Fix water leaks within 7 days
- Decorative water features must use re-circulating water
- When washing vehicles must use self-closing positive shut-off nozzle on garden hose
- Restaurants are required to serve water upon request only
- Hotels and motels are required to provide guests option to decline daily linen service
- Commercial car washes and laundries are required to use re-circulating water systems
- Restaurants are required to use water conserving pre-rinse spray valves

The Water Division is available to help you save water at home and at work. Call 714 548-3690 to schedule a water audit. Check out [mwdoc.com](http://mwdoc.com) and click on Services and Incentive Programs to get information about water saving appliances.

## Water Conservation Garden



**Check out Westminster's Water Conservation Garden at 6312 California Ave!** Over 20 species of drought tolerant California friendly and native plants, trees, and turf are on display. Local nurseries were used to provide plants and signs are posted to identify the species and costs. Hardscape materials were donated by local vendors and offer a beautiful alternative to turf.

This garden is open to the public to view California native and friendly plants as they grow from newly planted to mature and flowering during the seasons.

It's easy and inexpensive to create a beautiful low-water garden of your own!



## California Friendly Landscape and Gardening Classes Online

Learn the latest ways to reduce water use in landscapes by taking free classes on line. They cover the basics of irrigation systems, watering and fertilizing, basic landscape design, and plant identification. To get started visit [www.bewaterwise.com](http://www.bewaterwise.com) and click on the Classes tab.

## SAVE THE DATE



WHAT: Disaster Preparedness Expo

DATE: Saturday, March 24, 2012

TIME: 8:30 am – 4:00 pm

PLACE: First Presbyterian Church of Westminster

Key Note Speaker, Exhibitors, Classes (pre-registration required)

For more information email: [carolelea1@msn.com](mailto:carolelea1@msn.com)



## ARE YOU PREPARED WHEN DISASTER HITS?

### Westminster is offering a C.E.R.T. Training Academy for Spring 2012

Classes that will be covered during the Academy include: Introduction to Disaster Preparedness, CERT Organization, Light Search and Rescue Operations, Disaster Psychology, Terrorism and Disaster Medical Operations.

For further information on the upcoming C.E.R.T Training Academy please contact the Emergency Services Coordinator for the city of Westminster at (714) 548-3211 or visit their website at [WESTCOUNTYCERT.com](http://WESTCOUNTYCERT.com)



## RADIO AMATEUR CIVIL EMERGENCY SERVICE

RACES are Public-safety volunteers which are licensed Amateur Radio Operators that are trained to assist local government during time of emergency and disaster or for routine events and activities. They are trained and certified to provide public-safety communications support.

Westminster RACES are looking for certified Ham Radio Operators to perform vital volunteer communications during Westminster Community Events and Disaster or Emergency Incidents.

If you are interested in becoming a member of the City of Westminster RACES, please contact RACES Radio Officer Chi Nguyen, KE6MVS (714) 869-1441 or RACES Assistant Radio Officer Adam Valek, N6HVC (714) 892-5961 for further information.



## WESTMINSTER BRANCH LIBRARY

8180 13<sup>th</sup> Street, Westminster, CA 92683  
(714) 893-5057

### HOURS:

Monday through Thursday 10:00 a.m. to 9:00 p.m.

Friday and Saturday 10:00 a.m. to 5:00 p.m.

SUNDAY 12:00 noon to 5:00 p.m.

## Children's Programs

We invite you to join us April 21<sup>st</sup> - May 27<sup>th</sup> for the **Imagination Celebration** to experience the power and creativity of the arts. The Westminster Library will be hosting special events for children, so look for more information. **Children's Book Week** is May 7-13<sup>th</sup>; celebrate children's literature with us by checking out your favorite children's book. Children and parents are invited to come to our weekly storytimes! We host **Preschool Storytime** every Wednesday at 10:30 am, **Toddler Storytime** every Wednesday at 11:00 am, and **Family Storytime** every Saturday at 10:30 am. Storytimes give children and families an opportunity to enjoy stories, crafts, and activities as well as help your child develop a love of books and reading! Children who love to read will love our **Kids Book Club**! Kids get to talk about the book they read, and do activities. It is held the second Wednesday of the month at 3:30 pm; call the library for more information. Our **monthly craft program** is held on the second Thursday of the month at 3:30 pm.

## Teen Programs

Teens are invited to join our **Teen Advisory Board**, which meets the first Wednesday of the month at 4:00 pm. In TAB, Teens can earn volunteer hours and make a difference at the Library by helping to make decisions about teen services offered at the library, upcoming programs, teen books, and more. Teens that are interested in earning volunteer hours by joining the **VolunTEEN Program** should pick up an application at the information desk. All programs are open to teens ages 12-18. Be sure to check our **Online Calendar** at [ocpl.org](http://ocpl.org) or call the library for more information about special programs.

## Adult Programs

OC Public Libraries will host the 6th Annual **Literary Orange** on Saturday, April 14<sup>th</sup>, at UC Irvine Student Center. Literary Orange is Orange County's premier literary event, where authors, readers and libraries join together for a celebration of literature.

Popular best-selling authors Paula McLain and Lisa See will serve as keynote speakers, along with over 40 authors of various genres. Registration information can be found at [www.literaryorange.org](http://www.literaryorange.org). Join us at the Westminster Library to celebrate **National Library Week**, April 8<sup>th</sup>-14<sup>th</sup>! Contact the library for information about special events happening during the week. Did you know... that we have many **Free Online Databases** that can help you with your research? The databases include online periodical articles, books, maps, pictures, repair guides, newspaper articles and journal articles. Ask at the Information Desk for help in finding the database for your project! The library is offering free **Beginner's Computer Classes**. The classes are designed for people with little to no computer experience. Please call or stop by the Information Desk to sign up. Don't forget to join our monthly **Book Club** for adults! Contact the Library for more information.



## Westminster Friends of the Library Bookstore

Please come and visit our Bookstore and buy some gently used books, magazines, videos, CDs, etc. They are the best bargain in town starting with items as little as 10 cents! We can always use volunteers and we accept donations of all kinds. All proceeds go towards helping the library buy new books, computers, furniture, reference materials and to fund children's, teen and adult library program.



**Registration begins April 9, 2012**

***There are 3 easy ways to register for classes . . .***

### **ON-LINE**

On-line registration is just a click away...

Please visit  
[www.activenet.active.com/westminster](http://www.activenet.active.com/westminster)

You will need to pay by credit card to register on-line.

### **MAIL-IN**

Mail completed form & payment to:

Westminster Community Services  
& Recreation Department  
8200 Westminster Blvd.  
Westminster, CA 92683

Make checks payable to:  
**City of Westminster**

### **WALK-IN**

Visit us...

Westminster Community  
Services & Recreation  
Department at 8200  
Westminster Blvd.

7:30 a.m. – 5:30 p.m.  
Monday – Thursday  
7:30 a.m. – 4:30 p.m.  
Alternate Fridays

## **General Information & Refund Policy**

- × No registration taken at classes.
- × Refunds will be issued approximately 4 weeks following the request.
- × Refunds must be requested before the end of the 2nd class meeting.
- × Activities canceled by the department will be given automatic refunds.
- × Please note: Due to the nature of the activities, there are no refunds on excursions, youth sports and aquatics.

## **\$ATISFACTION GUARANTEED**

The City of Westminster Community Services and Recreation Department is continually striving to provide the highest quality recreation activities, events and programs, and offers a money back guarantee on all our classes.

If you are not completely satisfied, before the end of the 2nd class meeting, tell us and we will arrange for you to:

- × Repeat the class at no charge, -or-
- × Transfer to a different class, -or-
- × Receive a full refund

Applications for refunds may be made in person, by calling (714) 895-2860, or in writing. Your suggestions and comments are appreciated; they will help us do the best job possible.



# **Community Services and Recreation Department Registration Information**

# Registration Form

City of Westminster Community Services & Recreation Department

*All information is required. Please Print.*

Parent/Adult Name: First \_\_\_\_\_ Last \_\_\_\_\_

Birth \_\_\_\_\_

Address \_\_\_\_\_ Date \_\_\_\_\_

City/State/Zip \_\_\_\_\_ Phone ( ) \_\_\_\_\_

Cell \_\_\_\_\_

Email address \_\_\_\_\_ Phone ( ) \_\_\_\_\_

Name of Participant:		Birth	Sex	Activity	Name of Activity	Fee
First	Last	Date		Number		
					<b>TOTAL FEES</b>	

Do any of the listed participants have any special needs, limitations, and/or allergies? Yes ☐ No ☐

If yes, please explain: \_\_\_\_\_

## Liability and Publicity Release

For and in consideration of permitting \_\_\_\_\_ to enroll in and participate in the recreational program entitled, \_\_\_\_\_ sponsored by the City of Westminster,

Department of Community Services, the Undersigned hereby voluntarily releases, discharges, waives and relinquishes any and all actions or causes of action for personal injury, property damage or wrongful death occurring to him/herself arising as a result of participation in said recreational program or any activities incidental thereto wherever or however the same may occur and for whatever period said program may continue, and the Undersigned does for him/herself, his/her heirs, executors, administrators and assigns hereby release, waive, discharge and relinquish any action or cause of action, which may hereafter arise for him/herself and for his/her estate, and agrees that under no circumstances will he/she or his/her heirs, executors, administrators and assigns prosecute or present any claim for personal injury, property damage or wrongful death against the City of Westminster and its officers, officials, agents, contractors, volunteers, boards, departments, servants or employees for any of said causes of action, whether the same shall arise by the negligence of any of said persons, or otherwise.

**IT IS THE INTENTION OF \_\_\_\_\_ BY THIS INSTRUMENT, TO EXEMPT AND RELIEVE THE CITY OF WESTMINSTER AND THE RELATED PARTIES MENTIONED HEREIN, FROM ALL LIABILITY FOR PERSONAL INJURY, PROPERTY DAMAGE OR WRONGFUL DEATH CAUSED BY THE NEGLIGENCE OF ANY PERSON OR ENTITY.**

The Undersigned, for him/herself, his/her heirs, executors, administrators or assigns agrees that in the event any claim for personal injuries, property damage or wrongful death shall be prosecuted against the City of Westminster and/or its officers, officials, agents, contractors, volunteers, boards, departments, servants or employees, he/she shall defend, indemnify and save harmless the same City of Westminster and the aforementioned related parties from any claim, cause of action, loss, liability, damage, lawsuit, cost or expense (including reasonable attorney's fees) by whomever or wherever made or presented for said personal injuries, property damage or wrongful death.

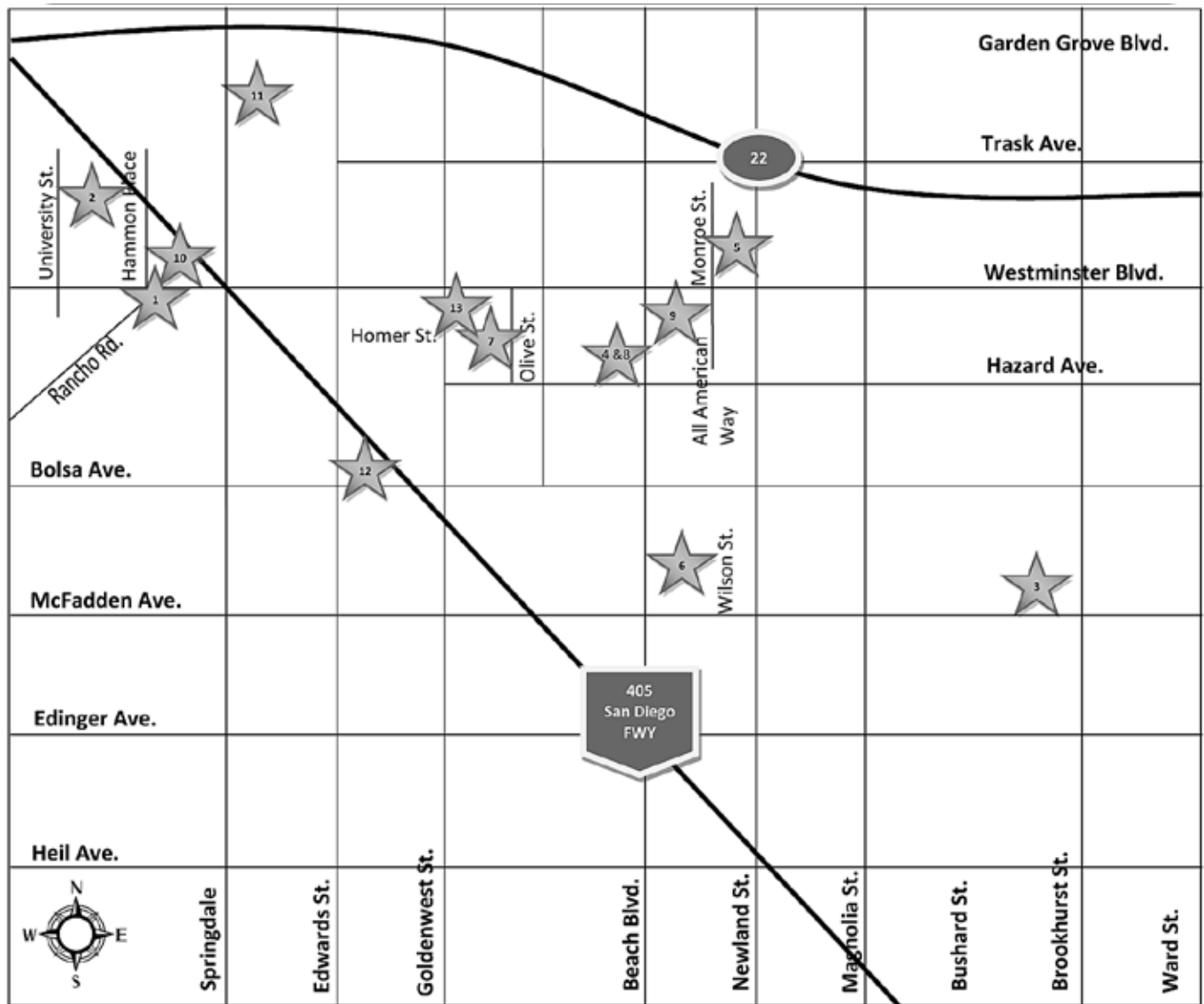
In case of accident or other emergency, the Undersigned hereby gives permission for the City of Westminster and/or its officers, officials, agents, contractors, volunteers, servants or employees, to obtain emergency medical treatment. The Undersigned further agrees to pay any costs incurred as a result of such treatment.

In addition, the Undersigned has been notified that participants involved in City-sponsored community service programs are subject to being photographed or videotaped, and he/she hereby gives permission for the City of Westminster to use such photographs or videotapes on City Department websites and to publicize and promote the City's programs.

The Undersigned acknowledges that he/she has personally read, understands, and voluntarily signs this release and waiver of all liability and indemnity agreement, is fully aware of the potential risks and hazards which are inherently involved in the specified community service program, and in any of the activities, appointments, meetings, or workshops incidental thereto, including but not limited to, any negligent acts performed by the City of Westminster and/or its officers, officials, agents, contractors, volunteers, boards, departments, servants or employees, negligently created or maintained dangerous conditions of public property, weather conditions, equipment, machinery, playing conditions, other participants, on-site physical premises, structures or substantial works of improvement. The Undersigned voluntarily assumes all risks of loss, damage, or injury associated with his/her participation in the specified recreational program or any activities incidental thereto.

Signature \_\_\_\_\_ Date \_\_\_\_\_

# Parks & Recreation Facilities Legend



1. American Tiger Martial Arts & Fitness  
 2. Bolsa Chica Park  
 3. Elden F. Gillespie Park  
 4. Intensity Services (Same as #8)  
 5. Liberty Park  
 6. Park West Park  
 7. Sigler Park  
 8. The Piano Place Music and Arts Center  
 9. WCSB (Westminister Services & Rec. Building)  
 10. Wespac Dance Center  
 11. Westminister ICE  
 12. Westminister Mall  
 13. World Class MMA Boxing
- Carden Conservatory Multipurpose Room  
 • Climax Rock Gym  
 • Five Star Taekwondo School  
 • Fountain Valley Music  
 • Fountain Valley Recreation Center  
 • Fountain Valley Senior Center  
 • Garden Grove Community Meeting Center  
 • Garden Grove Sports/Recreation Center  
 • H. Louis Lake Sr. Center  
 • New Hope Gymnastics Academy  
 • Rancho Del Rio Stables  
 • Stanton Community Center  
 • West Grove Park
- 5849 Westminister Blvd.  
 13660 University St.  
 9801 McFadden Ave.  
 14441 Beach Blvd. #200 (877)769-6369  
 13900 Monroe St.  
 8301 McFadden Ave.  
 7200 Plaza St.  
 14441 Beach Blvd. #100 (714)899-4823  
 8200 Westminister Blvd. (714)895-2860  
 5915 Westminister Blvd. (714)893-2623  
 13071 Springdale (714)518-3212  
 1025 Westminister Mall  
 14042 Locust St. (714)892-3355  
 5702 Clark Drive, Huntington Beach (949) 510-1569  
 18411 Gothard St. Unit 1, Huntington Beach  
 8322 Garden Grove Blvd., Garden Grove  
 8740 Warner Ave., Fountain Valley (714)963-2010  
 16400 Brookhurst St., Fountain Valley  
 17967 Bushard St., Fountain Valley (714) 839-8611  
 11300 Stanford Ave., Garden Grove  
 13641 Deodara, Garden Grove (714)741-5200  
 11300 Stanford, Garden Grove (714)897-7099  
 17270 New Hope St., Fountain Valley (714)556-8050  
 1370 So. Sanderson, Anaheim  
 7800 Katella Ave., Stanton (714)379-9222  
 5372 Cerulean, Garden Grove
- \*MAP IS NOT TO SCALE**

*Hold your next event at*  
**Westminister Community Services & Recreation Building**

*\*Wedding Receptions  
 \*Meetings  
 \*Birthdays  
 and other special events*

**8200 Westminister Blvd.**  
**Please call 714.895.2860**  
 For more information or visit  
[www.westminister-ca.gov](http://www.westminister-ca.gov)





Engineering with Legos



Master Jedi's in Star Wars Camp



Creating sweets in Dessert Camp

**Westminster**

# Summer Camps 2012

**City of Westminster Summer Camps Begin June 18**

Lego Pre-Engineering and Engineering

Magic Camp

Top Chef Cooking

Fort Building Camp

Cooking by Numbers

Rockets, Illusions, and Mentos

CSI—What it takes to be a Detective

Star Wars Theme Camp

Dessert Shop

Camp Competition

**For more information, call 714.895.2860**

Sign-ups Begin

March 5!

See pages 7-8



Located at Sigler Park  
7200 Plaza St., Westminster, CA 92683  
Phone: 714-903-1331 Fax: 714-903-1881

Services are offered in English, Spanish and Vietnamese

**¡Los servicios son GRATIS!**

- Representación Familiar
- Programa de Superación Personal
- Consejería en Violencia Doméstica
- Información y Referencias
- Talleres para Padres
- Promoción y Apoyo para Adopciones
- Servicios de Reunificación de Familias
- Servicios Dentales
- Programa para recibir Alimentos / WIC
- Programa de Asistencia (paquete de higiene, pañales, cupones para comida)
- Programas para Después de Escuela
- Servicios de Administración de Casos
- Consejería Individual y para Familias
- Y muchos más

**Services are FREE!**

- Family Advocacy
- Personal Empowerment Program
- Domestic Violence Counseling
- Information & Referral
- Parent Education Workshops
- Adoption Promotion & Support
- Family Reunification Services
- Dental Services
- Emergency Food Program / WIC
- Emergency Assistance Program (hygiene kit, diapers, food vouchers)
- After School Enrichment Programs
- Case Management Services
- Individual and Family Counseling
- And many others

*Westminster Family Resource Center-  
a community collaborative*



**Chương trình phục vụ MIỄN PHÍ**

- Bệnh Vực Gia Đình
- Chương Trình Đào Tạo Khả Năng Cá Nhân
- Cố Vấn Về Bạo Hành Trong Gia Đình
- Thông Tin & Giới Thiệu
- Hội Thảo Dành Cho Phụ Huynh
- Khuyến Khích & Hỗ Trợ Dịch Vụ Nhận Con Nuôi
- Dịch Vụ Đoàn Tụ Gia Đình
- Dịch Vụ Nha Khoa
- Chương Trình Thực Phẩm Khẩn Cấp / WIC
- Chương Trình Trợ Giúp Khẩn Cấp
- Chương Trình Sau Giờ Học
- Dịch Vụ Phụ Trách Các Vấn Đề
- Dịch Vụ Cố Vấn Cá Nhân Và Gia Đình
- Và nhiều chương trình khác

Families and Communities Together (FaCT) is a partnership between the County of Orange Social Services Agency and Orangewood Children's Foundation. FaCT receives federal, state, and county funds including Promoting Safe and Stable Families, California Department of Social Services/ Office of Child Abuse Prevention, Governor's Office of Emergency Services, and the Children and Families Commission of Orange County.